JERRY RUNYAN WILDCAT RELAYS TUESDAY APRIL 13, 2021 PONCA CITY HIGH SCHOOL PONCA CITY, OK

On behalf of the Ponca City Public Schools and the Ponca City Athletic Department, we would like to extend to you and your teams an invitation to participate in our boys and girls track meet on Tuesday, April 13, 2021. The following will give you the information you need for the meet.

<u>TRACK ROSTER</u>: This is a roster only event. Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1-5. Deadline for entries is April 9.

ENTRY FEE: \$70 for each boys and girls team. \$15 per individual if less than four (4) members on a team.

<u>TIME:</u> All teams report to the PoHi football field by 9:30 a.m. for a coaches meeting. Field events will begin at 10:00 a.m. and running events at 10:45 a.m.

<u>DIVISIONS:</u> There will be four (4) divisions if warranted: 6A/5A Boys and Girls and 4A/Below Boys and Girls. <u>Any B team will participate in the same division as their varsity.</u>

<u>LIMITATIONS</u>: We are limiting entries to 12 teams per division. Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one (1) team in each relay. Three (3) throws will be in the shot and discus and three (3) jumps in the long jump with the top seven (7) going to the finals. There will be girlsøpole vault in all divisions. All events will be timed finals.

MEDALS: Awarded to 1st, 2nd, and 3rd in all events.

PLAQUES: Awarded to 1st place teams in all divisions.

<u>TEAM POINTS</u>: Awarded to 1^{st} through 6^{th} places (10-8-6-4-2-1) in individual events and in relays (20-16-12-8-4-2).

EQUIPMENT: PoHi will furnish all starting blocks to contestants. 1/4" or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

Lee Guess Track Head Coach E-mail: <u>leeguess@ymail.com</u> 580-761-4663 Jerry Runyan Wildcat Relays April 13, 2021

School				
Coach		Phone No		
Divisions:	Large School	Boys	Girls	
	Small School	Boys	Girls	

\$70/Division - \$15/Individual if less than four (4) members on a team.

Send confirmations to:	Jason Leavitt, AD
	Ponca City Schools
	613 E. Grand
	Ponca City, OK 74601
	(580) 767-8075
	Fax: (580) 767-8077

_____Number of coaches and bus drivers.

PLEASE FAX YOUR ENTRY IN A.S.A.P.!!!

Coach GuessøEmail address: <u>leeguess@ymail.com</u> Coach Guessøphone #: 580-761-4663

2021 JERRY RUNYAN WILDCAT RELAYS

COACHES MEETING IN THE GYM INSIDE ROBSON FIELDHOUSE AT 9:30.

FIELD EVENTS 10:00 A.M.

High Jump	6A Boys, 4A Boys, 6A Girls, 4A Girls
Long Jump	6A Girls, 4A Girls, 6A Boys, 4A Boys
Shot Put	4A Girls, 6A Girls, 4A Boys, 6A Boys
Discus	4A Boys, 6A Boys, 4A Girls, 6A Girls
Pole Vault	4A Boys, 6A Boys, 4A Girls, 6A Girls

TIMED FINALS 10:45 A.M.

Girls, Boys
Girls, Boys
(33") Girls
(39") Boys
Boys
Girls, Boys
Girls, Boys
Girls, Boys
Girls

THROWERSØRELAY - FIRST PLACE TEAM RECEIVES A CAKE! (Girls & Boys Throwers)

400 Meter Run	Girls, Boys
300 Meter Hurdles	(30") Girls
300 Meter Hurdles	(36") Boys
200 Meter Dash	Girls, Boys
1600 Meter Run	Girls, Boys
1600 Meter Relay	Girls, Boys