

Vision Bank – Prague JH Meet
Tuesday, March 23, 2021
7th & 8th grade Girls and Boys
3A and Below

Our On-line Entry DEADLINE is **Monday, March 22nd @ 6pm**. (((The meet will be CLOSED at 6pm!))) **No late entries accepted.** - Schools attending must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the meet's "**ENTRIES Window**" – including the **VERIFICATION** Step. If your team/school does not complete **ALL** the necessary steps on the Entries Window, your school/team can NOT be entered manually by our timing crew at the meet. If you need assistance with your ENDURO USA™ account contact Kevin McWatters at: kevin@runendruo.com - - - Please log into your ENDRUO USA™ account at:

www.endurousoa.com

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for last minute changes that effect the meet. To find our meet's PREVIEW window, click on our meet (on the right side of the window). REMEMBER, you must VERIFY your entries for completeness and accuracy on the "Entries" window.

TIME: Coaches Mtg -9am - - - Field Events - 9:30am - - - Running Events – 10:00am

FEES: \$70 each Division \$15 ea individual less than 4

CHECKS PAYABLE TO PRAGUE SCHOOLS

MEDALS: Medals will be awarded to the top 5 finishers in each event / top 3 Relays

TROPHIES: Trophies will be awarded to the 1st and 2nd place teams.

Points will be scored 10-8-6-4-2-1 and will double for relays.

LIMITATIONS: 4 INDIVIDUAL EVENTS (INCLUDING RELAYS AND FIELD EVENTS)

Each school is limited to one (1) relay team.

Each school is limited to three(3) competitors per event.

PARKING: Bus parking will be East of Football Field

CAMPS: Team Camps – West of Football Field (not inside track)

Restrooms / Concessions: available on the NE side of track

****Coaches Meal Provided****

IF YOU PLAN TO ATTEND, OR IF YOU HAVE ANY QUESTIONS, CALL or TEXT COACH WATKINS.

405-570-3864 swatkins@prague.k12.ok.us

ADMISSION PRICES: ADULT - \$4 STUDENTS - \$2 SR. CITIZENS – NO CHARGE

ORDER OF EVENTS

FIELD EVENTS 9:30am 3 ATTEMPTS @ EACH EVENT

PV- 7TH B, 8TH B, 7TH G, 8TH G

HJ- 7TH G, 8TH G, 7TH B, 8TH B

LJ- 7TH B, 8TH B, 7TH G, 8TH G

SHOT - 7TH B, 8TH B, 7TH G, 8TH G

DISCUS – 7TH G, 8TH G, 7TH B, 8TH B

RUNNING EVENTS 10:00am

400M RELAY GIRLS, BOYS

3200M RELAY GIRLS, BOYS

100M HURDLES GIRLS

110M HURDLES BOYS

800M RELAY GIRLS, BOYS

800M RUN GIRLS, BOYS

100M DASH GIRLS, BOYS

*** BREAK***

400M DASH GIRLS, BOYS

300M HURDLES GIRLS, BOYS

200M DASH GIRLS, BOYS

1600M RUN GIRLS, BOYS

1600M RELAY GIRLS, BOYS