

Coaches,

The 5A West Regional will be in Altus this year. We are excited to be able to host this event on our new resurfaced six lane track. Altus hasn't hosted a regional track meet since the 1990s, so we are looking forward to this opportunity to show off our track and our town. Here are few things to help you once you get to Altus and the track.

LOCATION OF THE TRACK: The district track is located at Altus Junior High, which is located at the corner of Ridgecrest and S. Park Lane. If arriving on HWY 62, turn south from Broadway (at the Plane) onto South Park Lane. Drive one mile to Ridgecrest. If coming from HWY 283, drive through town and turn east on Ridgecrest (south edge of the city). Drive one mile to the school. The track is not located at the high school.

ATHLETE DROP-OFF AND TEAM CAMPS: Teams will drop off their athletes and equipment at the ticket gate. All team camps will be located in the Northeast corner, outside the turn 3 fence (see map). Buses will be parked in the front of the Junior High. There will be a pass thru for the bus drivers/coaches to get to the track area without having to walk around the school.

IMPLEMENT WEIGH-IN: This will be done inside the gym. Implements will be pooled there and taken to the throwing areas from there.

TEAM CHECK-IN/PACKET PICK-UP: Team check-in will be inside the AJH Gym. You will have all forms, order of events, relay cards, etc. and coaches' passes (for field events, infield access and hospitality room) inside the packet.

COACHES MEETING: Will be held at 8:30 AM in the AJH Band Hall. You will come into the gym and just follow the signs. Starting heights, relay exchange judges, and jury of appeals will be posted at that time.

WARM-UP AREA: Due to Covid protocols we are closing the infield. Only coaches and officials will be allowed on the infield during the competition. The warm-up area for athletes will be behind the east bleachers on the southeast side of the track (see map).

COVID PROTOCOLS: Presently the city of Altus has no Covid restrictions, although some businesses and restaurants still mandate masks. **WE HIGHLY ENCOURAGE YOUR TEAM TO WEAR MASKS.** The Altus Public School District is currently under a different protocol. We ask that masks be worn when social distancing is not possible. Please talk to your athletes about social distancing. There are NO attendance restrictions. All we are asking from fans is that they wear masks when social distancing isn't possible.

SHOT PUT/DISCUS/LONG JUMP/POLE VAULT FANS: We will have a designated bleacher area for these events. Parents will not be allowed on the track or in the immediate areas surrounding the event. There will be a designated area for the coaches at each event. The High Jump is on the infield. No parents will be allowed into that area. Coaches will have an area for coaching.

HOSPITALITY ROOM: We are allowed to have a Hospitality Room. This will be available for all coaches, workers, bus drivers and administrators. They will have breakfast, lunch and dinner available all day. The Hospitality room will be located in the AJH Cafeteria, and you will need a pass to enter the gym to get there. This is not for parents or athletes. Make sure you have enough passes when you leave the coaches meeting.

MEALS: Altus All Sports is excited to be having a burger burn at the Regional track meet on May 7, 2021. Our meal will be either a hamburger or 2 hot dogs, chips and a drink for \$5. We are happy to accept POs from any participating school to provide lunch/dinner to your athletes without having to leave the stadium.

SEVERE WEATHER PROCEDURES: In the event of severe weather all the teams will go into the gym. We will separate teams into different locker rooms and will remain there until the threat has passed.

On behalf of the Altus Public Schools administration and staff and the Altus Athletic Department, along with the City of Altus, we welcome you to Altus and we look forward to a great day and meet.

If you have any questions feel free to contact me. I will be serving as the meet manager.

Robert Garrison, Altus High Head Men's and Women's Head Coach

580-481-0327

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ALTUS RESTAURANTS

Applebee's Bar and Grill
3501 N. Main
580-480-1500

Arby's
1201 N. Main
580-477-2312

Braum's
2505 N. Main
580-482-6585

Burger King
2516 E. Broadway
580-477-0048

Chicken Express
2722 N. Main
580-482-0900

Domino's Pizza
813 E. Broadway
580-482-8120

Jersey Mike's Subs
2221 N. Main
580-482-4400

Little Caesar's Pizza
1401 N. Main
580-379-3088

Whataburger
2728 N. Main
580-482-3370

Taqueria Hernandez
101 N. Hudson
580-477-2287

Luigi's Pizzeria
20650 U.S. HWY 62
580-477-4106

Kentucky Fried Chicken
1215 N. Main- 405-400-7130

McDonalds
220 E. Broadway
580-482-7555

Billy Sims BBQ
1126 N. Main
580-301-7294

Pizza Hut
1201 E. Broadway/1703 N. Main
580-477-4444/ 580-477-1376

Sonic Drive In
1113 N. Main
580-482-4580

Subway
1503 N. Main/ 501 E. Broadway
580-482-1900/ 580-482-8899

Taco Bell
1701 N. Main
580-482-7612

Taco Mayo
1601 N. Main
580-379-9300

Western Sizzlin'
3200 N. Main
580-477-1717

Fred's Steakhouse
2011 N. Main
580-480-0555

The Plaza
2512 N. Main
580-379-4453

Friendship Inn
1800 N. Main
580-482-5221

JD's Hideaway
1104 N. Spurgeon- 580-301-6764

Saltfork Draffhouse
2101 E Broadway St
(580) 301-6634

Hutch's
580.379.0101
1204 E. Broadway

ALTUS HOTELS

Hampton Inn
3601 N. Main
580-482-1273

Holiday Inn Express
2812 E. Broadway
580-480-1212

Day's Inn
2804 N. Main
580-482-9300

Microtel Inn
3210 N. Main
580-379-9400

Super 8 by Wyndham Altus
2515 E Broadway St,
(580) 477-3000



BUS PARKING

TEAM CAMPS

WARM UP AREA

GYM ENTRANCE

DISCUS

ENTRANCE

SHOT PUT

SPECTATOR PARKING

LONG JUMP

POLE VAULT