# Stroud Middle School "Home of The Tigers"

212 West 7th Street, Stroud, Oklahoma 74079, Phone 918-968-2200, Fax 918-968-0773

### **Dear Track Coach:**

We are pleased to announce the annual 7th & 8th grade invitational track meet. Our re-surfaced eight-lane track has a top of the line polyurethane finish. Consider this our sincere invitation to you and your team to attend our 7<sup>th</sup> & 8<sup>th</sup> grade meet. This meet will be run as timed finals.

## **DETAILS OF THE MEET:**

Date: Thursday, April 22, 2021 **4A & Below Schools** Classes:

7th Girls, 8th Girls, 7th Boys, and 8th Boys **Divisions:** 

Each event will be limited to three contestants per school. **Participation:** 

Each contestant may enter no more than four events. Spike length should be 1/4" or shorter. Blocks will be provided.

Time: Coaches meeting will be held at 10:00 a.m. with field events starting at 10:30 and

running events beginning at 11:30 a.m.

The entry fee is \$70.00 per division. \$15.00 per individual up to 4 individuals. Make **Entry Fee:** 

checks payable to Stroud Middle School.

**Scoring:** No Team Scoring due to an increase in medals given.

Awards: Medals for the first three places in the relays. Top five receive medals in

individual events.

There will be a coach's feed during the meet. **Hospitality:** 

Bus parking will be located just south of the track building-enter on road Parking:

Immediately south of the Middle School which is located on Gillespie Drive.

**Tents:** All camps will be located in the middle school playground.

### OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

For additional information call: Jim Campbell

**Brad Moody** 918-987-1249 school 918-968-2542 school 405-328-0338 cell

Kallie Jones 817-874-6382 cell

"Building Character Through Competitive Athletics"

# **ORDER OF EVENTS**

# TIMED FINALS-11:30 A.M.

400 Meter Relay	Girls-Boys
3200 Meter Relay	Girls-Boys
100 Meter Hurdles	Girls-Boys
800 Meter Relay	Girls-Boys
800 Meter Run	Girls-Boys
100 Meter Dash	Girls-Boys
400 Meter Run	Girls-Boys
300 Meter Hurdles	Girls-Boys
200 Meter Dash	Girls-Boys
1600 Meter Run	Girls-Boys
1600 Meter Relay	Girls-Boys

# FIELD EVENTS-10:30 A.M.

Long Jump	7-G, 8-G, 7-B, 8-B
High Jump	7-B, 8-B, 7-G, 8-G
Shot Put	8-G, 7-G, 8-B, 7-B
Discus	8-B, 7-B, 8-G, 7-G
Pole Vault	8-G, 7-G, 8-B, 7-B

COACHES, PICK UP YOUR MEDALS AND OTHER APPLICABLE AWARD(S) AT THE END OF THE MEET. THEY WILL NOT BE GIVEN TO THE ATHLETES. PLEASE CHECK FOR ACCURACY BEFORE LEAVING THE MEET.