

# 30<sup>th</sup> Annual Kenny Roof Invitational Track Meet

## 7-8 Grade Boys & Girls

### Tuesday April 13, 2021

Open to schools 4A and below.

Space Limited  
Reserve by calling or texting  
Enter teams on [Endurousa.com](http://Endurousa.com)

We have a brand new facility and are excited to host Track meets again.

Coaches Meeting @9:45 a.m.

1. Field events starting at 10:00 a.m.  
Preliminaries in running events start at 10:30 a.m.
2. A school may enter 3 in each event.
3. Association rules apply.
4. Points will be scored as follows
  - a. 10-8-6-4-2-1
  - b. 20-16-12-8-4-2 Relay Points
5. Medals will be given to the 1st-5th places in each event.
6. No Fans will be allowed on the Turf football field. Participants and coaches ONLY!
7. Masks are recommended while not competing.
8. The entry Fee is \$75 per team.  
\$15.00 per individual if 3 or less members.
9. Use short spikes only. Starting blocks will be provided.
10. This meet will be Finals only.
11. Meet will be timed using the FAT timing system.
12. Lunch and hospitality room will be provided for coaches.
13. Please make checks payable to **Thomas High School** and mail to:

Matt Hart  
Thomas High School  
P.O. Box 190  
Thomas, Ok 73669  
Cell Phone: 580-302-0418  
School Phone: 580- 661-3522

Email: [mhart@thomas.k12.ok.us](mailto:mhart@thomas.k12.ok.us)

# THOMAS JUNIOR HIGH TRACK MEET

## ORDER OF EVENTS

### Running Events

**Start at 10:30 a.m.**

3200 m Relay G-B

100 m Hurdles G

110 m Hurdles B

100 m Dash G-B

800 m Relay G-B

1600 m Run G-B

**BREAK**

400 m Relay G-B

400 m Dash G-B

300 m Hurdles G-B

800 m Run G-B

200 m Dash G-B

1600 m Relay G-B

### Field Events

**Start at 10:00 a.m.**

Shot G-B

Discus B-G

Long Jump B-G

High Jump G-B

Pole Vault G-B