### 30<sup>th</sup> Annual Kenny Roof Invitational Track Meet HS Boys & Girls Friday April 16, 2021

Open to schools 4A and below.

Space Limited Reserve by calling or texting Enter teams on <u>Endurousa.com</u>

We have a brand new facility and are excited to host Track meets again.

Coaches Meeting @9:45 a.m.

- Field events starting at 10:00 a.m. Preliminaries in running events start at 10:30 a.m.
- 2. A school may enter 3 in each event.
- 3. Association rules apply.
- 4. Points will be scored as follows
- a. 10-8-6-4-2-1
- b. 20-16-12-8-4-2 Relay Points
- 5. Medals will be given to the 1st-5th places in each event.
- 6. No Fans will be allowed on the Turf football field. Participants and coaches ONLY!
- 7. Masks are recommended while not competing.
- 8. The entry Fee is \$90.00 per team.

\$20.00 per individual if 3 or less members.

- 9. Use short spikes only. Starting blocks will be provided.
- 10. This meet will be Preliminaries and Finals (Weather permitting)
- 11. Meet will be timed using the FAT timing system.
- 12. Breakfast, Lunch and hospitality room will be provided for coaches.
- 13. Please make checks payable to **<u>Thomas High School</u>** and mail to:

Matt Hart

Thomas High School P.O. Box 190 Thomas, Ok 73669 Cell Phone: 580-302-0418 School Phone: 580- 661-3522 Email: <u>mhart@thomas.k12.ok.us</u>

# **Prelims-Finals**

# **ORDER OF EVENTS**

## Field Events Start at 10:00 a.m.

Shot	G-B
Discus	B-G
Long Jump	B-G
High Jump	G-B
Pole Vault	G-B

Order of Running Events

### Preliminaries 10:30 a.m.

400 m Relay Girls ó Boys 3200 m Relay Girls ó Boys (Finals) 100 m Hurdles (33ö) Girls 110 m Hurdles (39ö) Boys 100 m Dash Girls-Boys 3200 m Run Boys (Finals) 800 m Relay j Girls Boys (Finals) 3200 m Run Girls (Finals) 200 m Dash Girls Boys

Break

#### **Finals**

400 m Relay Girls ó Boys
800 m Run Girls ó Boys
100 m Hurdles (33ö) Girls
110 m Hurdles (39ö) Boys
100 m Dash Girls ó Boys
400 m Dash Girls ó Boys
300 m Hurdles Girls (30ö) ó Boys(36ö)
200 m Dash Girls ó Boys
1600 m Run Girls ó Boys
1600 m Relay Girls ó Boys