Velma-Alma Comets

 5^{th} & 6^{th} Grade Track Meet

The Velma-Alma Athletic Department would like to invite you to our annual 5^{th} and 6^{th} grade track meet to be held on <u>Wednesday, March 31</u>, <u>2021</u>.

There will be four divisions: 5^{th} boys, 5^{th} girls, 6^{th} boys, 6^{th} girls

Entries- Entry fees are \$65 per division or \$15 per individual

<u>Track</u> - We have an all-weather running surface, so use short spikes.

Participation- Athletes may enter up to 4 events. Schools may enter

1 relay team and 3 individuals per event.

<u>Awards</u> - Medals awarded to the top 5 in individual events and top 3 in relay events.

There will be a short coaches meeting at 9:45 in the field house. The field events will begin at 10:00 and the running events around 10:20.

If you have any questions call 580-656-4869

Checks are to be made out to : Velma-Alma Athletics

Mail checks to : Velma-Alma High School c/o Jerry Loveall PO Box 8 Velma, OK 73491 Velma-Alma 5th & 6th Grade Track Meet

Field events - 10:00

Shot Put - 5th boys, 6th boys, 5th girls, 6th girls
Discus - 5th girls, 6th girls, 5th boys, 6th boys
High Jump - 6th girls, 5th girls, 6th boys, 5th boys
Long Jump - 6th boys, 5th boys, 6th girls 5th girls (limit 3 per school)

<u>Running events</u> – 10:20 Girls before boys and 5th before 6th

400m relay 3200m relay 100m hurdles 800m relay 800m run 100m dash 400m dash 200m dash 1600m run 1600m relay