



**Alex 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> grade invitational  
Thursday, April 14<sup>th</sup>, 2022  
4<sup>th</sup>/5<sup>th</sup>/6<sup>th</sup> Division**

**Coaches meeting: 9:00 am  
Field Events: 9:30 am  
Running Events: 10:00 am**

**Track coaches:** On behalf of the Alex Public School system, we would like to extend an invitation to you to the annual Alex 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> grade invitational on Thursday April 14<sup>th</sup>, 2022 starting at 9:00 am.

**Entry fees:** \$25 per Division  
\$150 for all divisions  
Make checks payable to Alex Public Schools

**Awards:** Medals to the top 3 in each event.

**Contestants:** Each school may enter 3 contestants per event and 1 relay. Athletes may enter 4 events.

**Divisions:** 4<sup>th</sup> girls, 4<sup>th</sup> boys, 5<sup>th</sup> girls, 5<sup>th</sup> boys, 6<sup>th</sup> girls, 6<sup>th</sup> boys

**Timed Finals:** All events

**Track:** 8 lane all weather surface. Short spikes only.

**Parking:** Buses park on east side of football field.

**Facilities:** Concession provided. Hospitality for coaches. No dressing rooms

Send checks to: Alex Public Schools  
P.O. Box 188  
Alex, OK 73002  
Email: [ibyrne@alex.k12.ok.us](mailto:ibyrne@alex.k12.ok.us) cell (405) 974-1742



### Schedule of events

<b>9:00 am</b>	Coaches meeting	
<b>9:30 am</b>	<b>Field events</b>	<b>3 throws, 3 jumps, no finals</b>
	High jump	4 <sup>th</sup> girls, 4 <sup>th</sup> boys, 5 <sup>th</sup> girls, 5 <sup>th</sup> boys, 6 <sup>th</sup> girls, 6 <sup>th</sup> boys
	Long jump	4 <sup>th</sup> boys, 4 <sup>th</sup> girls, 5 <sup>th</sup> boys, 5 <sup>th</sup> girls, 6 <sup>th</sup> boys, 6 <sup>th</sup> girls
	Shot put	6 <sup>th</sup> girls, 6 <sup>th</sup> boys, 5 <sup>th</sup> girls, 5 <sup>th</sup> boys
	Discus	5 <sup>th</sup> girls, 5 <sup>th</sup> boys, 6 <sup>th</sup> girls, 6 <sup>th</sup> boys
	Softball throw	4 <sup>th</sup> girls, 4 <sup>th</sup> boys
<b>10:00 am</b>	<b>Running Events</b>	
	Order:	4 <sup>th</sup> girls, 4 <sup>th</sup> boys, 5 <sup>th</sup> girls, 5 <sup>th</sup> boys, 6 <sup>th</sup> girls, 6 <sup>th</sup> boys
	400 Meter Relay	
	800 Meter Run	
	60 Meter Hurdles	4 <sup>th</sup> girls, 4 <sup>th</sup> boys
	100 Meter Hurdles	5 <sup>th</sup> girls, 5 <sup>th</sup> boys, 6 <sup>th</sup> girls, 6 <sup>th</sup> boys
	100 Meter Dash	
	400 Meter Run	
	200 Meter Dash	
	1600 Meter Relay	

**NO TEAM CAMPS ON THE INFIELD**

**OSSAA RULES APPLY**