

Wampus Cat Junior High Invitational

6th 7th 8th Grades April 14th, 2022

UPDATE: NO ONLINE ENTRIES, JUST COME READY TO RUN.

Coaches, we are proud to invite you to our 4th Annual Wampus Cat Junior High Invitational in our new sports complex,

Coaches meeting 9:00 in the weight room, field events begin at 9:30 and running events will begin at 10:00.

· There will be six divisions

6th Grade Girls 6th Grade Boys

7th Grade Girls 7th Grade Boys

8th Grade Girls 8th Grade Boys

· Entry Fee: \$65.00 per division or \$360.00 for all six divisions

· ON-LINE ENTRIES - - - see below - - -

· Qualifying heights and distances to be determined at the coaches meeting. (There will be a qualifying marks in shot put, discus, and long jump.) After qualifying, each athlete will get three competitive measured attempts.

· All running events will be automated timed finals.

· Hospitality room provided for coaches and administrators in the weight room.

· Coaches please have only athletes who are warming up, competing, or cooling down on the infield. NO camps or lawn chairs allowed on the infield.

· Custom medals awarded to the top three relay finishers and top five finishers in all other events.

· ¼ inch spikes or shorter ONLY, starting blocks will be provided.

· Bus Parking will be behind the home bleachers on the west side of the stadium.

OSSAA Rules apply

If you plan on attending, need further information, or in case of inclement weather contact:

Chet Braudrick - Office 580-889-3361 Cell 580-889-0054: Jacob Cupp - 580-889-3361:

ORDER OF EVENTS

FIELD EVENTS - 10:00 A.M.

Long Jump 6G-7-G, 8-G, 6-B, 7-B, 8-B

High Jump 6B-7-B, 8-B, 6G, 7-G, 8-G

Shot Put 8-G, 7-G, 6-G, 8-B, 7-B, 6-B

Discus 8-B, 7-B, 6-B, 8-G, 7-G, 6-G

Pole Vault 8-G, 7-G, 8-B, 7-B (depending on numbers we may group vaulters)

TIMED FINALS - 10:30 A.M.

400 Meter Relay Girls-Boys

3200 Meter Relay Girls-Boys

100 Meter Hurdles Girls-Boys

800 Meter Relay Girls-Boys

800 Meter Run Girls-Boys

100 Meter Dash Girls-Boys

400 Meter Run Girls-Boys

300 Meter Hurdles Girls-Boys

200 Meter Dash Girls-Boys

1600 Meter Run Girls-Boys

Throwers Relay- one race for all classes combined at least one female
participant per team

1600 Meter Relay Girls-Boys