

# ***Bristow High School***

**Athletic Department**  
**Floyd Robinson** - Activities Director  
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## ***Darold Ritchie Invitational*** **Friday April 15, 2022**

On behalf of the Bristow Public Schools System, we extend to you and your teams a sincere invitation to participate in our High School Boys and Girls Track and Field Meet. The following will give you the information you need for the meet. This will be a timed finals meet. TEAMS 5A AND BELOW.

**ON-LINE ENTRIES:** Coaches must submit all entries on the ENDURO USA™ website: [www.endurousa.com](http://www.endurousa.com). - - - **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** - - - **ONLINE ENTRIES DEADLINE:** the day before the meet @ 5:00pm. - Complete ALL of the steps on the "Entries Window". **TEAMS WILL NOT BE ADDED AT THE MEET.** If you're using the website for the first time and need rosters added to your account - - - or if you need rosters switched from a previous coach to you, contact Kevin. If you need help with your ENDURO USA™ account, please email your questions to: [kevin@runenduro.com](mailto:kevin@runenduro.com) - - - or message Kevin through your ENDURO USA™ account.

**Entry Fee:** \$90 for each boys and girls team. \$12 per individual if less than (4) members on a team. NO REFUNDS.

**Time:** All teams report to Bristow Football Field by 9:00 am for coaches meeting. Field events will begin at 9:30 am - All running events at 10:00 am.

**Divisions:** There will be two (2) divisions. HS Boys and HS Girls.

**Medals:** Awarded to 1st, 2nd, 3rd, 4th, 5th, in all individual events and 1st, 2nd, and 3rd in the relay events.

**Trophies:** No team trophies will be awarded.

**Team Points:** Awarded to 1st - 6th places (10-8-6-4-2-1) in individual events and (20-16-12-8-4-2) in relay events.

**Equipment:** Bristow will furnish all starting blocks to contestants. ¼" or shorter spikes are required.

**Participants:** Each school can only enter 3 athletes in each event.

*Oklahoma Secondary School Association Rules Apply*

**Contact:** Shannon Hilburn (Track Coach) email: [shilburn@bristow.k12.ok.us](mailto:shilburn@bristow.k12.ok.us)

# Bristow High School Track Meet

## Schedule of Events

### Field Events

9:30 a.m.	High Jump	Boys, Girls
	Long Jump	Girls, Boys
	Shot	Boys, Girls
	Discus	Girls, Boys
	Pole Vault	Girls, Boys

### Time Finals

10:00 a.m.	400 Relay	Girls, Boys
	3200 Relay	Girls, Boys
	100 Hurdles	Girls (33")
	110 Hurdles	Boys (39")
	3200 Run	Boys
	800 Relay	Girls, Boys
	800 Run	Girls, Boys
	100 Dash	Girls, Boys

### Break for Lunch

3200 Run	Girls
400 Dash	Girls, Boys
300 Hurdles	Girls (30")
300 Hurdles	Boys (36")
200 Dash	Girls, Boys
1600 Run	Girls, Boys
1600 Relay	Girls, Boys

### Qualifying Distances and/or Starting Heights

High Jump		Long Jump		Pole Vault	
Boys	Girls	Boys	Girls	Boys	Girls
5-03	4-03	17-00	13-00	8-03	6-03
Shot		Discus			
Boys	Girls	Boys	Girls		
38	28				