



CATOOSA JUNIOR HIGH TRACK CLASSIC

THURSDAY, March 31st, 2022
TO BE HELD AT THE MIKE MOBRA TRACK COMPLEX
MEET WILL START AT 9:00 A.M.

On behalf of the Catoosa Public School system, we would like to extend to you and your teams an invitation to participate in our Track Classic, Thursday March 31st, 2022.

Schools planning to attend this meet must submit their entries on enduroentries.com website. This is a roster entry meet. The online entry deadline will be Wednesday, March 30th, @ 5:00 p.m. All entries must be completed online at: www.endurousa.com Be sure to complete ALL steps on the "Entries Window" - including the "Verification" step. If you do not complete the "Verification" step, your athletes are not entered. If you need assistance with your ENDURO USA account, email Kevin McWatters at: kevin@runenduro.com.

ENTRY FEE: \$85.00 per team. Make checks payable to Catoosa Track. There will be FOUR divisions: 7th Girls, 7th Boys, 8th Girls, 8th Boys

TIME: All teams report to the Catoosa Football Field by 8:30 A.M. for the Coaches meeting, to be held in The Twist Center, just east of the track. Field Events will start at 9:00 A.M.; Running Events will start at 9:15 A.M.

LIMITATIONS: Each contestant is limited to 4 events. Including relays.

FIELD EVENTS WILL HAVE NO PRELIMS. EACH ATHLETE WILL HAVE 3 JUMPS OR THROWS AND THE TOP 6 WILL SCORE. IF THERE ARE A LARGE NUMBER OF ENTRIES, WE WILL DIVIDE THE ATHLETES INTO FLIGHTS OF 8.

NO PRELIMS IN THE RUNNING EVENTS, THIS WILL BE A TIMED FINALS TRACK MEET.

AWARDS & TEAM POINTS: Medals will be awarded to 1st - 3rd in all events. 1st place trophy for boys division and girls division. Team points will be given 1st - 6 places: 10-8-6-4-2-1; Relays will be 20-16-12-8-4-2;

RULES & REGULATIONS: OSSAA Rules will apply; you must wear 1/4 spikes or smaller, (No needle spikes). Please do not use tape on the track or the runways of the Long Jump, High Jump, and Pole Vault.

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CATOOSA TRACK CLASSIC

COACHES MEETING: 8:30 A.M.

FIELD EVENTS:

9:00 A.M.

HIGH JUMP 7B-8B-7G-8G

LONG JUMP (PIT #2) 8G-7G

LONG JUMP (PIT #1) 8B-7B

SHOT (RING #2) 7B-7G

SHOT (RING #1) 8B-8G

DISCUS (NORTH) 8G-8B

DISCUS (SOUTH) 7G-7B

POLE VAULT 8B-7B-8G-7G

RUNNING EVENTS:

9:15 A..M.

100 M HURDLES 7G-8G

110 M HURDLES 7B-8B

3200 M RELAY 7G-8G-7B-8B

400 M RELAY 7G-8G-7B-8B

800 M RUN 7G-8G-7B-8B

100 M DASH 7G-8G-7B-8B

BREAK: 20 MIN.

400 M DASH 7G-8G-7B-8B

800 M RELAY 7G-8G-7B-8B

1600 M RUN 7G-8G

300 M HURDLES 7G-8G-7B-8B

200 M DASH 7G-8G-7B-8B

1600 M RUN 7B-8B

1600 M RELAY 7G-8G-7B-8B