



# CATOOSA TRACK CLASSIC

THURSDAY, APRIL 14th, 2022  
TO BE HELD AT THE MIKE MOBRA TRACK COMPLEX  
MEET WILL START AT 9:30 A.M.

On behalf of the Catoosa Public School system, we would like to extend to you and your teams an invitation to participate in our Track Classic, Thursday April 14th, 2021. Because of COVID we are going to change to one division 5A & below Girls/Boys and limit the teams to 16 in order to keep the track meet smaller.

**Schools planning to attend this meet must submit their entries on [www. Enduroentries.com](http://www.Enduroentries.com). This is a roster entry meet. The online entry deadline will be Wednesday, April 13th, @ 4:00 p.m. No late entries accepted. We will accept the first 16 teams that enter online. All entries must be completed online at: [www.endurousa.com](http://www.endurousa.com). Be sure to complete ALL steps on the "Entries Window" - including the "Verification" step. If you do not complete the "Verification" step, your athletes are not entered. If you need assistance with your ENDURO USA account, email Kevin McWatters at: [kevin@runenduro.com](mailto:kevin@runenduro.com).**

**ENTRY FEE: \$100.00 per team.** There will be ONE division, 5A and below Girls & Boys; Make checks Payable to Catoosa High School Track .

**TIME:** All teams report to the Catoosa Football Field by 9:00 A.M. for the Coaches meeting to be held in The Twist Center, just east of the track. Field Events will start at 9:30 A.M.; Running Events will start at 11:00 A.M.

**There WILL be Preliminaries and Finals in the Long Jump, Shot Put, and Discus, we will take 8 to the finals.**

**NO PRELIMS IN THE RUNNING EVENTS, THIS WILL BE A TIMED FINALS TRACK MEET.**

**AWARDS & TEAM POINTS:** Medals will be awarded to 1st - 3rd in all events. 1st place trophy for boys division and girls division. Team points will be given 1st - 6 places: 10-8-6-4-2-1; Relays will be 20-16-12-8-4-2;

**RULES & REGULATIONS:** OSSAA Rules will apply; you must wear 1/4 spikes or smaller, (No needle spikes). Please do not use tape on the track or the runways of the Long Jump, High Jump, and Pole Vault.

**CONTACTS:** Josh Smith Head Boys Track

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## **CATOOSA TRACK CLASSIC**

**COACHES MEETING: 9:00 A.M.**

### **FIELD EVENTS:**

**9:30 A.M.**

<b>HIGH JUMP</b>	<b>BOYS, GIRLS</b>
<b>LONG JUMP</b>	<b>GIRLS, BOYS</b>
<b>SHOT</b>	<b>BOYS, GIRLS</b>
<b>DISCUS</b>	<b>GIRLS, BOYS</b>
<b>POLE VAULT</b>	<b>GIRLS, BOYS</b>

### **RUNNING EVENTS:**

**11:00 A.M.**

<b>400m RELAY</b>	<b>GIRLS,BOYS</b>
<b>3200 M RELAY</b>	<b>GIRLS, BOYS</b>
<b>100 M HURDLES</b>	<b>GIRLS</b>
<b>110 M HURDLES</b>	<b>BOYS</b>
<b>100 M DASH</b>	<b>GIRLS, BOYS</b>
<b>3200 M RUN</b>	<b>GIRLS</b>
<b>800 M RELAY</b>	<b>GIRLS, BOYS</b>
<b>3200 M RUN</b>	<b>BOYS</b>

**BREAK 30 MIN.**

<b>800 M RUN</b>	<b>GIRLS, BOYS</b>
<b>400 M DASH</b>	<b>GIRLS, BOYS</b>
<b>300 M HURDLES</b>	<b>GIRLS, BOYS</b>
<b>200 M DASH</b>	<b>GIRLS, BOYS</b>
<b>1600 M RUN</b>	<b>GIRLS, BOYS</b>
<b>1600 M RELAY</b>	<b>GIRLS, BOYS</b>