

Cherokee Strip Conference
Track Meet
@ Deer Creek-Lamont

Divisions: JH GIRLS HS GIRLS
 JH BOYS HS BOYS

Date / Time: March 29 9:00am Coaches Meeting
 9:30am Field Events
 10:00am Running Events

Event Schedule:

10:00am

Long Jump	HS Boys, JH Boys, HS Girls, JH Girls
High Jump	JH Girls, HS Girls, JH Boys, HS Boys
Pole Vault	JH Girls, HS Girls, JH Boys, HS Boys
Shot Put	HS Boys, HS Girls, JH Boys, JH Girls
Discus	HS Girls, HS Boys, JH Girls, JH Boys

11:00am

400m Relay	JH Girls, HS Girls, JH Boys, HS Boys
3200m Relay	JH Girls, HS Girls, JH Boys, HS Boys
100 Hurdles	JH Girls, HS Girls
110 Hurdles	JH Boys, HS Boys
100 Meters	JH Girls, HS Girls, JH Boys, HS Boys
3200 Meters	HS Boys
800m Relay	JH Girls, HS Girls, JH Boys, HS Boys
3200 Meters	HS Girls

< Proposed Break TBA >

800 Meters	JH Girls, HS Girls, JH Boys, HS Boys
400 Meters	JH Girls, HS Girls, JH Boys, HS Boys
300 Hurdles	JH Girls, HS Girls, JH Boys, HS Boys
200 Meters	JH Girls, HS Girls, JH Boys, HS Boys
1600 Meters	JH Girls, HS Girls, JH Boys, HS Boys
1600m Relay	JH Girls, HS Girls, JH Boys, HS Boys

Event Assignments:

High Jump	Timberlake
Long Jump	Lomega
Pole Vault	Cherokee
Discus	Kremlin-Hillsdale
Shot	Medford

Exchange Zones Burlington & Ringwood

Timing DCLA

DCLA DOES NOT USE ENDURO - NAME/SCHOOL TAKEN AT HEATING BENCHES

Questions contact Justin Schanbacher by cell at 580-541-1613 or email
jschanbacher@dclak12.org

OSSAA rules and scoring apply. **Short spikes only: 1/8 & 1/4 Pyramid spikes.**