# <u>Yellowjacket Invitational</u> Friday, March 25th, 2022 @ 10:00

On behalf of the Choctaw/Nicoma Park Public Schools we would like to extend an invitation to participate in our track meet. Please e-mail to confirm that you are coming and to verify that there is room. This is a sanctioned meet, so OSSAA rules will apply.

**<u>ATTENTION COACHES:</u>** Submit entries by Thursday, March 24<sup>th</sup>, 2022 before 5:00pm at <a href="https://www.endurousa.com">www.endurousa.com</a>.

**Time Line**: 10:00 Coaches meeting in football fieldhouse

10:30 All events running and field begin

#### General:

- Limited to 15 teams.
- \* 4 event limit per athlete and school may enter 3 athletes per event
- \* Runners will be heated up north end of the football field
- \* Awards picked up at press box following the mile relay
- \* Medals awarded to top three placers
- \* Plaque awarded to Boys and Girls Team winner.
- \* Shot, disc, and long jump will get 3 attempts in the prelims. Top 8 will have 3 additional attempts in finals and top throw/jump will carry over to finals.
- \* There will be 2 divisions, Var boys and Var girls; \$100.00 for boys and \$100.00 for girls' teams **\$200 total**.
- \* Please notify Jay Reaves at <a href="mailto:ireaves@cnpschools.org">ireaves@cnpschools.org</a> and/or Greg Bryant <a href="mailto:gbryant@cnpschools.org">gbryant@cnpschools.org</a> if you plan to attend.
- Please have all your athletes listed on <u>www.endurousa.com</u> one day prior to meet.
- \* If you have any questions please call the AD office and ask for Brandi at 405-390-6812.

**Entry Fee:** \$100.00 per varsity team & checks payable to:

## **Choctaw Athletics**

Mail payment to: Choctaw/Nicoma Park Public Schools

Choctaw Athletics Attn: Mike Hessman 14300 NE 10th Choctaw, OK 73020



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### **Schedule of Events**

10:00 Coaches Meeting 10:30 Running and Field events

### Field Events at 10:30

High Jump	Boys-Girls
Long Jump	Girls-Boys
Discus	Girls-Boys
Shot	Boys-Girls
Pole Vault	Boys-Girls

### **Runnina Events 10:30**

4x100 Relay	Girls-Boys
4x800 Relay	Girls-Boys
100 Hurdles	Girls
110 Hurdles	Boys
3200 Run	Girls-Boys
4x200 Relay	Girls-Boys
800 Run	Girls-Boys
100 Dash	Girls-Boys
400 Dash	Girls-Boys
300 Hurdles	Girls-Boys
200 Dash	Girls-Boys
1600 Run	Girls-Boys
4x400 Relay	Girls-Boys