# **Clinton Public Schools**

### Kay Crenshaw Invitational Bill Richardson Track

High School (grades 9 to 12 only)

**NO** Junior High

Thursday, March 10, 2022

Online entries: Coaches must submit all entries on the ENDURO USA website: endurousa.com NO ADDITIONAL ENTIRES AFTER THE DEADLINE

ONLINE ENTRIES DEADLINE: the day before the meet @ 5:00 PM. Complete all of the steps on the "entries window". TEAMS WILL NOT BE ADDED AT THE MEET. If you are using the website for the first time and need rosters added to your account or if you need rosters switched from a previous coach to you, contact Kevin. If you need help with your ENDURO USA account, please e-mail your questions to <a href="Mevin@runenduro.com">Kevin@runenduro.com</a> or message Kevin through your ENDURO USA account.

#### 2 Divisions:

Varsity Girls (grades 9 to 12) \$75.00 per girls team and \$75.00 per boys team Varsity Boys (grades 9 to 12) \$10.00 per individual (up to 4) Each contestant is limited to four (4) events, including relays.

Make checks payable to Clinton Public Schools

Note - no refunds for rainout once the track meet has started

No trophy's will be awarded, but points will be added and posted. Medals will be awarded to the top 3 individual events & top 3 relays

3:30 pm - Coaches Meeting on the infield of the track. <u>Please designate a coach on your staff to help with exchange zones.</u>

3:45 pm - Field events start (Shot Put/Discus are located on the west side of the football field).

4:00 pm - Running events start.

Dinner will be fed to the coaches & bus drivers

All OSSAA Rules will apply

Please stay off of the football turfed gamefield.

Restrooms for coaches and athletes are located on the north side of the football gamefield (west side of the weight room).

All busses please park in the parking lot north of the track

Clinton High School 2130 Gary Blvd. Clinton, OK 73601

### **RUNNING EVENTS**

**400 METER RELAY** 

3200 METER RELAY

100 METER HURDLES

110 METER HURDLES

3200 METER RUN

800 METER RELAY

800 METER RUN

100 METER DASH

**400 METER DASH** 

300 METER HURDLES

200 METER DASH

1600 METER RUN

1600 METER RELAY

## FIELD EVENTS

SHOT PUT VARSITY GIRLS VARSITY BOYS

**DISCUS** VARSITY BOYS VARSITY GIRLS

LONG JUMP VARSITY GIRLS VARSITY BOYS

**HIGH JUMP** VARSITY BOYS VARSITY GIRLS

**POLE VAULT** ALL TOGETHER

