

## **Coweta JH Tiger Track Classic**



Thursday April 14th, 2022- 5A and Below (12 Team Limit)

On behalf of the Coweta Public Schools, we are extending an invitation to participate in our Junior High School Boys and Girls Track and Field Meet. Coweta Schools have an 8 lane Track and Field Complex just south of the Tiger Football Stadium. Limited to the first 12 confirmed schools.

Schools planning to attend this meet must submit their entries endurousa.com. The entry deadline for this meet is Wednesday, April 13th, 2022 –please contact <u>scott.chronister@cowetaps.org</u> for questions

No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA website by completing ALL the necessary steps on the "ENTRIES Window". If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions this year. - - - Please log into your ENDURO USA account at: www.endurousa.com

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Equipment:	Coweta will furnish all starting blocks to contestants. ¼" spikes, or shorter, are		
	required. DO NOT USE TAPE ON THE TRACK.		
Restrooms/Co	ncessions:	Located underneath the stadium. No glass bottles allowed in stadium!	
Dressing facilit	ties:	NO DRESSING FACILITIES.	
Lunch Break:		We will feed coaches and workers at the break	

OKLAHOMA SECONDARY SCHOOL ASSOCIATION RULES APPLY

Scott Chronister - Head Track Coach Christi Ng - Head JH Coach/HS Assistant Josh Moses- Head JH Coach/ HS Assistant Tim Harper - HS Assistant Gabe Ellis- JH Assistant Dakota Kaser- JH Assistant Email Address: scott.chronister@cowetaps.org School (918) 486-4474 Dewayne Hunter, AD Office# (918) 486-6103 Fax: (918) 486 7307



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All running events will be 7G, 8G, 7B, 8B unless noted **ORDER OF EVENTS** 3:00pm **400 METER RELAY GIRLS BOYS** 3200 METER RELAY GIRLS BOYS (G/B together by Grade) 100 M HURDLES GIRLS 30" 110 M HURDLES BOYS 30" **800 METER RELAY GIRLS BOYS 800 METER RUN GIRLS BOYS 100 METER DASH BOYS GIRLS** Break **400 METER DASH GIRLS BOYS** 300 METER HURDLES GIRLS 30" 300 HURDLES BOYS 30" **200 METER DASH GIRLS BOYS** 1600 METER RUN GIRLS BOYS (G/B together by Grade) **1600 METER RELAY GIRLS BOYS** 

> 2:30pm FIELD EVENTS

 POLE VAULT
 7G, 8G, 7B, 8B

 HIGH JUMP
 7B, 8B, 7G, 8G

 LONG JUMP
 7G, 8G, 7B, 8B

 SHOT PUT
 7B, 8B, 7G, 8G

 DISCUS
 7G, 8G, 7B, 8B

NOTE: SHOT PUT, DISCUS, LONG JUMP, will be prelims/finals format, will be 3 throws/jumps in the prelims and 3 in the finals, 8 athletes will be taken to the finals

We will use qualifying marks in the shot, disc, and long jump. The distances will be

determined at the 2:00pm coaches meeting.

All implements must be marked with appropriate weights