# BulldöggerS

#### Dewey Athletic Department #1 Bulldogger Road Dewey, OK 74029

Track Coach: Dan Close (Ext. 224) Athletic Director: Travis Ruble (Ext. 240)

## GREG THOMAS INVITATIONAL Bulldogger High School Track Meet

Tuesday, March 22, 2022 9:30 AM Coaches Mtg. – *Pole Vault starts 9:45*-Other events start at 10

#### **COACHES MEAL (please RSVP)**

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Entry Fee:	\$75.00 (4 or more) per division, or \$10.00 per individual when less than 4.							
Time:	Coaches meeting at 9:30. Pole vault at 9:45. Other events start at 10:00.							
<b>Divisions:</b>	2 Divisions - <u>HS-Boys Division</u> and <u>HS-Girls Division</u> (4A and below).							
<u>Limitations:</u>	Each contestant is limited to four events including relays. Each team limited to three contestants per event, and one team per relay.							
Field Events:	Three throws in the shot and discus. Three jumps in the long jump.							
Awards:	Medals will be given to top three places, and plaques to the top two teams in each division.							
Points:	Individual events will be pointed 10-8-6-4-2-1. Relays will be pointed 20-16-12-8-4-2.							
Equipment:	You must provide your own equipment for field events. We will provide starting blocks.   1/4 inch spikes or shorter are required.							
Format:	Timed-finals format. *** All O.S.S.A.A rules will apply							
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	<b>Phone (534-09</b>	233 x240 or x241	) to guarantee meal & cancellation notice.					
<b>School Name</b>		Contact Name						
HS Boys Divi	sion Yes	No	Ph #					
HS Girls Divi	ision Yes	No	Fax #					
Total # of Co	aches							

#### Dewey High School Track Meet-March 22, 2022 **The Greg Thomas Invitational**

#### **Order of Events**

### Field Events-3 Throws/Jumps. No qualifying distance--Everyone will get measured

High Jump	Boys	Girls
Long Jump **Due to a "shared" runway, we MAY have to delay the LJ until after the Pole Vault competition is completed. (Meet Day Decision.)	Girls	Boys
Shot Put	Boys	Girls
Discus	Girls	Boys
Pole Vault **STARTS AT 9:45	Girls	Boys

#### **Running Events**

400 Meter Relay		Boys
3200 Meter Relay		Boys
100 Meter Hurdles		
110 Meter Hurdles		Boys
3200 Meter Run		
800 Meter Relay		Boys
800 Meter Run		Boys
100 Meter Dash		Boys

#### **Lunch Break?**

3200 Meter Run		
400 Meter Dash		Boys
300 Meter Hurdles		Boys
200 Meter Dash		Boys
1600 Meter Run		Boys
1600 Meter Relay		Boys