

TRACK AND FIELD INVITATIONAL FESTIVAL
Saturday, June 11, 2022

Moses F. Miller Stadium (Douglass High School) 900 N Martin Luther King Ave, Oklahoma City, OK 73117

For additional information, please contact: Keitha Wyatt- 405.570.0639 (esstrackclub@gmail.com)
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ENTRY INFO: Entry fee is **\$12** an athlete and must be done in advance. No entry fee will be transferred or refunded. **General admission is \$8/person, 4 and under free**.

ENTRY PROCESS: All teams and unattached athletes must utilize the online entry process via CoachO.com. Immediately after registering online, you will receive a receipt from the website, which will produce a list of all athletes registered for the meet. This receipt should be used as your transcript of your meet entries. If your athletes do not appear on the confirmation, they are not registered for the meet. Please take care of these issues prior to arriving to the meet. Entries will be available starting May 13th until the deadline, June 10th 12pm. Please be sure to put in times for your athlete(s) for proper seeding. A NM will put your athlete in an unseeded section. This is a F.A.T meet with MacDonald Timing.

EVENT INFORMATION: All events will be on a rolling schedule. All track and field rules will be an effect 12 and under 3 events; 13/14 on up 4 events. Athletes must have a wrist band to compete.

COACHES: We will have breakfast served during the early meeting. The location will be provided prior to meet day on CoachO. Coaches must provide a current USATF or AAU card to get in FREE and receive a wrist band. Please have wrist bands on for entrance.

ELIGIBILITY: Open to any athlete unattached or on a team that falls within the age divisions listed on the order of events and Open/Master Level Athletes.

FIELD EVENTS: All participants in running events must report to clerk of the course at first call and no later than second call. Field event participants must report directly to the official in charge of the event, when called. If an athlete is in a field event when a running event is called, please have them let the Field Event Judge know that they need to check in for the running event. At the completion of the running event, athlete needs to promptly return. Please be advised, the HJ bar will not be lowered upon an athlete returning. *Throwers must provide their own implements*.

AWARDS: Medals will be given to the top three finishers at the completion of each event after results have been verified. Please show patience when getting medals.

REFRESHMENTS: Concession Stand will be available

Top 8 in this meet will advance to the International Youth Track and Field Championships held in Landover, Maryland July 15th-17th. https://intyouthtrackchampionships.com



FAST BY NATURE, STEPPER BY CHOICE

Moses F. Miller Stadium (Douglass High School)

900 N Martin Luther King Ave, Oklahoma City, OK 73117

8:30 AM

COACHES MEETING

FIELD EVENTS

9:30 AM

LONG JUMP 8UG-8UB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters **SHOT PUT** 8UG-8UB, 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

HIGH JUMP 17-18WM, 15-16GB, 13-14GB, 11-12GB, 9-10GB, Open, Masters **DISCUS** 17-18MW, 15-16BG, 13-14BG, 11-12BG, Open M&W, MM, MW

POLE VAULT 13-14GB, 15-16GB, 17-18WM, Open, Masters

**JAVELIN 17-18MW, 15-16BG, 13-14BG, Open M&W, MM, MW

(**At the conclusion of the DISCUS when volunteers become available**)

**AERO JAVELIN 11-12GE

(**At the conclusion of the JAVELIN when volunteers become available**)

****TURBO-JAVELIN** 9-10GB, 7-8GB, 6&Under

(**At the conclusion of the AERO JAVELIN when volunteers become available**)

Field events for all will be a three jump/throw final

ROLLING SCHEDULE

ALL TIMED FINALS

Schedule subject to change as needed

9:00AM Dedications

9:30AM

1500M Race Walk 9-10GB, 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

3000M RUN 11-12GB, 13-14GB, 15-16GB, 17-18WM, Open, Masters

4x100M RELAY All Age Groups, Open, Masters

4x100M RELAY Ben Gay Relays (PARENT, COACHES)

 800M RUN
 All Age Groups, Open, Masters

 110M HURDLES
 15-16B, 17-18M, Open, Masters

 100M HURDLES
 15-16G, 17-18W, 13-14GB,

80M HURDLES 11-12GB

Future Stars of Track and Field-4 & under (50m dash)

100M All Age Groups, Open, Masters **400M** All Age Groups, Open, Masters **400m HURDLES** 15-16GB, 17-18WM, Open, Masters

200m HURDLES 13-14GB

200MAll Age Groups, Open, Masters1500M RUNAll Age Groups, Open, Masters4 X 400M RELAYAll Age Groups, Open, Masters

Top 8 in this meet will advance to the International Youth Track and Field Championships held in Landover, Maryland July 15th-17th. https://intyouthtrackchampionships.com USATF SANCTIONED MEET



Here is the booking link to share with the others:

Holiday Inn Express OKC Southeast Sports Discount

https://www.ihg.com/holidayinnexpress/hotels/us/en/oklahoma-city/okcks/hoteldetail?fromRedirect=true&qSrt=sBR&qIta=99502056&icdv=99502056&qSlH=okcks&qCpid=954315444&qAAR=IE9EA&qRtP=IE9EA&setPMCookies=true&qSHBrC=EX&qDest=1629%20S.%20Prospect%20Ave.,%20Oklahoma%20City,%20OK,%20US&srb_u=1

Thank you for choosing to have your Event with us!

Here's your reservation link your guests can use to make reservations:

or they can call Central Reservations at 1-800-325-3535 and give the operator the group code: BW0 They have to put in their dates into the arrival and departure boxes as it is not automatically set up for the June $10 - 12^{th}$ dates

https://www.marriott.com/event-reservations/reservation-link.mi?id=1654192140898&key=GRP&app=resvlink

Book your group rate for Eastside Invitational

You will find the information for your online reservation link below. If you have questions or need help with the link, please do not hesitate to ask. We appreciate your business and look forward to a successful event.

Event Summary:

Eastside Invitational

Start Date: Tuesday, June 7, 2022 End Date: Wednesday, June 15, 2022 Last Day to Book: June 7, 2022

Hotel(s) offering your special group rate:

• Sheraton Oklahoma City Downtown Hotel for 159 USD per night