

Edmond Memorial High School

Bulldog Twilight Invitational

Friday April 29th, 2022

Entry:

- Entries will be completed online through Enduro Entries.
- This meet will be pre-seeded entries
- We are going to limit this meet to 10 schools.

Entry Fee: \$90 per team / \$180 for BOTH (girls and boys teams)

Awards: will be given to 1st through 3rd place only. Team awards will be given to first place of each gender.

Field events: will be given 15 min warmup followed by 3 attempts top 8 will go to finals for 3 more attempts.

OSSAA Rules Apply.

Implements:

Please Contact: Chris Lowery at chris.lowery@edmondschools.net or Tyler Sergent at tyler.sergent@edmondschools.net

Coaches Meeting: 3:45 PM at Finish Line (South East Corner of Track)

Order of Events

Schedule

Running Start: 4:30pm

400 Meter Relay Girls- Boys

3200 Meter Relay Girls- Boys

100 Meter Hurdles Girls

110 Meter Hurdles Boys

3200 Meter Run Boys

800 Meter Relay Girls- Boys

800 Meter Run Girls- Boys

(25 min break) - SR Night and Special Olympics Race

100 Meter Dash Girls- Boys

400 Meter Dash Girls- Boys

3200 Meter Run Girls

300 Meter Hurdles 30" Girls

300 Meter Hurdles 36" Boys

200 Meter Dash Girls- Boys

1600 Meter Run Girls- Boys

1600 Meter Relay Girls- Boys

Field Events Start: 4:00pm

Shot Put: Girls-Boys

Discus: Boys-Girls

Long Jump: Girls-Boys

High Jump: Boys-Girls

Pole Vault: Girls-Boys