

Elk City Junior High Track Meet

Thursday, April 7th, 2022

(15 Team Limit)

Dear Track Coaches:

Elk City would like to extend an invitation to the first **15 teams** that confirm, to attend our 7/JH (8th-9th) grade track meet on Tuesday, March 31st. This meet will be a **timed finals** meet.

Divisions: 7th Grade Girls - - - 7th Grade Boys
Junior High Girls (8th-9th) - - - Junior High Boys (8th-9th)

Entry Confirmation: Please contact Andy Peffer (peffer.andy@elkcitieschools.com) or by cell at 580-799-2594 as soon as possible. (Text is fine.) There is a set team limit. So, please confirm early to ensure your team's spot. - - - Note: all entries are online at: www.endurousa.com

Our on-line Entry DEADLINE is **Wednesday, April 6th @ 6pm.** (The meet will be CLOSED at 6pm!)

No late entries accepted. - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the meet's "**ENTRIES Window**" – including the "**VERIFICATION**" step. If your team/school does not complete all the necessary steps - - - including the "VERIFICATION" step, your school/team can NOT be entered manually by our timing crew at the meet. - **NO exceptions this year.** If you need assistance with your ENDURO USA™ account, please contact Kevin McWatters at: kevin@runenduro.com

PREVIEW window: Immediately before you depart for our meet, please view our meet's PREVIEW window for last-minute information that can affect the meet. To find our meet's PREVIEW window, login – then click on our meet in the "Student Meets & Events LIST" (on the right side of the window).

Participation: **3 participants** in each event per team. Each contestant may enter no more than 4 events. ¼ " pyramid spikes only.

Time: Coaches Meeting will be at **9:00 a.m.** in the North Field house with field events starting at **9:30 a.m.** and running events at **10:00 a.m.**

Entry Fee: The entry fee is \$75 per division or \$300 for all 4 divisions. Make checks payable to Elk City High School and mail ahead of time or bring with you to the meet.

Hospitality: Coaches will be given an all you can eat meal ticket to our concession stand.

Awards: We will award medals to the top 5 placers in individual events and top 3 teams in relays.

No team trophies.

OSSAA Rules will apply.

Schedule of Events

Timed Finals: Running 10:00 a.m.

400 Meter Relay	7G/JHG/7B/JHB
3200 Meter Relay	7G/JHG/7B/JHB
100 Meter Hurdles	7G/JHG (30'')
110 Meter Hurdles	7B (30'') JHB (33'')
800 Meter Relay	7G/JHG/7B/JHB
800 Meter Run	7G/JHG/7B/JHB
100 Meter Dash	7G/JHG/7B/JHB
3200 Meter Run	JHG/JHB
400 Meter Dash	7G/JHG/7B/JHB
300 Meter Hurdles	7G/JHG/7B/JHB
200 Meter Dash	7G/JHG/7B/JHB
1600 Meter Run	7G/JHG/7B/JHB
1600 Meter Relay	7G/JHG/7B/JHB

Field Events:

9:30 Start

High Jump	7B/JHB/7G/JHG
Long Jump	7G/JHG/7B/JHB
Shot Put	7B/JHB/7G/JHG
Discus	7G/JHG/7B/JHB
Pole Vault	All Boys/All Girls (Points will be separated)

Elk City Junior High Track Meet

Entry Fee: 7th Girls \$75.00 _____
 7th Boys \$75.00 _____
 JH Girls \$75.00 _____
 JH Boys \$75.00 _____

 Individuals \$15 (less than 4) _____

Please mail checks to:

*Elk City High School
Attn: Elk City High School
300 N Boone Ave
Elk City, Okla. 73644*