

Bulldog Relays

Friday, April 15, 2022

COACHES MEETING AT 9:00 am

FIELD EVENTS AT 9:30 am

RUNNING EVENTS AT 10:00 am

DIVISIONS: HS boys and HS girls

ENTRY FEE: \$80 PER TEAM. \$15 PER INDIVIDUAL (4 OR LESS).

TRACK: NEW 5 LANE ALL-WEATHER TRACK

PARTICIPATION: 4 EVENTS PER ATHLETE, 3 CONTESTANTS PER EVENT, 1 RELAY PER SCHOOL

AWARDS: MEDALS FOR TOP 5 PLACES.

FACILITIES: NO DRESSING ROOMS; BATHROOMS AVAILABLE. A CONCESSION STAND WILL BE PROVIDED

COACHES WILL HAVE A HOSPITALITY ROOM

PLEASE RSVP TO: JUSTIN KANA (918) 290-0001 QUESTIONS/ WEATHER: JUSTIN KANA (918) 290-0001 OR MIKE PHILLIPS (580) 229- 0540

TEAM CAMPS: NO TEAMS WILL CAMP ON THE INFIELD. ALL CAMPS WILL BE AROUND OUTSIDE OF TRACK.

MAKE CHECKS PAYABLE TO HEALDTON SCHOOLS

FIELD EVENTS (9:30)

SHOT PUT: HS boys, HS girls

DISCUS: HS girls, HS boys

HIGH JUMP: HS girls, HS boys

LONG JUMP: HS boys, HS girls

RUNNING EVENTS (10:00)

400M Relay

3200M Relay

100M HURDLES- girls

110M HURDLES- boys

3200M Run- HS boys

800 M RELAY

800M RUN

100M DASH

3200M Run- HS girls

400M DASH

300M HURDLES

200M DASH

1600 M RUN

1600 M RELAY