

Great Southwest Track and Field Technique Camp

Hello. We are having our annual hurdles technique camp for track athletes. Our clinicians have various state qualifiers and placers in the events offered, and we are happy to work with your athlete to give them the winning edge.

Clinicians: Travis Sims- Head Men's Track Coach; Hobart, OK- Long Jump

Courtney Peck- Track Coach; Hinton, OK- Pole Vault

Kenda Reeves- Head Women's Track Coach; Hobart, OK- High Jump

Russ Radford- Clinton Throws Coach; Clinton, OK- Discus and Shot

David Garmon- Hobart Hurdles Track Coach; Hobart, Ok- Hurdles

When: For next year's 7th12th graders: May 27th 8:00-11:30 (lunch break)
12:30-330

Where: Hobart High School Track.

What to bring: Your own throwing implement for throwers, pole if able for pole vault, spikes and training shoes for all other events, and your own water bottle.

Cost: Cost is \$50 for camp. No split cost for one session. Half price for state placers. Lunch provided by Hobart Track and Cross Country Booster Club.

Session 1(Morning)- Discus, Pole Vault, 100/110 hurdles, Long Jump, High Jump

Session 2(After Lunch)- Shot, Pole Vault, 300 hurdles, Long Jump, High Jump

Please RSVP with number of kids and tshirt sizes. reevesk@hobart.k12.ok.us

Coach Sims- (918)681-0565 Coach Reeves- (580)585-1035