

# 2022 Jenks Trojan Varsity Track and Field Invitational



**WHERE:** Jenks Middle School, 3019 E 101st St, Tulsa, OK 74137

**WHEN:** Friday, April 8, 2022

**TIME:** Coaches Meeting begins at 3:30  
All teams report to the track 3:00  
Field Events begin at 4:30  
Running Events begin at 4:30

- Schools planning to attend must submit their entries on [endurousoa.com](https://endurousoa.com). Complete **ALL** steps on the “**Entries Window**” including the “**VERIFICATION**” step. If the “**VERIFICATION**” step is not complete your entries will **NOT** be accepted. The online entry deadline for this meet is: **Thursday, April 7th by 5:00pm. \*LATE ENTRIES will not be accepted\***
- You may enter a Varsity team
  - Varsity - \$100/gender
  - Please make checks payable to Jenks Public Schools
  - One Relay Team per event per school, and 4 athletes per school per event
- Heating: All athletes will check in at the heating benches before their race
- This will be a rolling schedule
- All OSSAA rules apply
- Contacts:
  - Clif Mitchell: [clif.mitchell@jenksps.org](mailto:clif.mitchell@jenksps.org)
  - Rachael Graddy: [Rachael.graddy@jenksps.org](mailto:Rachael.graddy@jenksps.org)

## **ORDER OF EVENTS**

### **4:30 FIELD EVENTS**

### **Minimum Mark/Opening Height**

|             |             |           |
|-------------|-------------|-----------|
| High Jump:  | Boys, Girls | 5'8"/4'6" |
| Pole Vault: | Boys, Girls | 11'/8'    |
| Long Jump:  | Girls, Boys | 15'/19'   |
| Discus:     | Girls, Boys | 95'/115'  |
| Shot:       | Boys, Girls | 42'/30'   |

### **4:30 RUNNING EVENTS: TIME FINALS IN ALL EVENTS**

|                |             |
|----------------|-------------|
| 400 M Relay:   | Girls, Boys |
| 3200 M Relay:  | Girls, Boys |
| 100 M Hurdles: | Girls (33") |
| 110 M Hurdles: | Boys (39")  |
| 100 M Dash:    | Girls, Boys |
| 3200 M Run:    | Girls       |
| 800 M Relay:   | Girls, Boys |
| 3200 M Run:    | Boys        |
| 800 M Run:     | Girls, Boys |
| 400 M Dash:    | Girls, Boys |
| 300 M Hurdles: | Girls, Boys |
| 200 M Dash:    | Girls, Boys |
| 1600 M Run:    | Girls, Boys |
| 1600 M Relay:  | Girls, Boys |