



## TRACK & FIELD MEET OF CHAMPIONS

Tuesday, May 17, 2022  
Oklahoma Baptist University  
Shawnee, OK

All entries will be online on the [www.endurousoa.com](http://www.endurousoa.com) website.

State Champions & Runner-Ups from each class and event (including relays) are automatically qualified to compete in the OCCTCA Track & Field Meet of Champions. ***Please enter your 1st or 2nd athletes, or relays in the Automatic Qualifier meet.***

Those wishing to be considered to fill in should a spot become available will be selected by State Meet 3rd-6th place order of finish per each respective class. ***Please enter your 3rd-6th place athletes, or relays in the Additional Qualifier meet.***

Coaches may form a relay by classes, but must be entered by deadline. OCCTCA rules apply.

All late entries will include a \$10 charge.

If you have an athlete that did not meet these standards, but there were special circumstances (false start, no height, family emergency...) that prevented them from qualifying, email me at [otcomeetofchampions@gmail.com](mailto:otcomeetofchampions@gmail.com).

To compete:

1. Athlete's coach must be a current, paid member of the OCCTCA. <http://www.ohstrack.com/membership.html>
2. **1A-4A entries due at 5pm the THURSDAY following the state meet.**  
**5A-6A entries due at 5pm the MONDAY following the state meet.**  
***Athletes need to declare their events in which they will be competing. Any event with less than 12 competitors, additional qualifiers will be added based on their State Meet performances.***
3. Confirmed/ accepted athletes will need to check-in at registration to receive their competition jersey & packet. (Athletes will supply their own bottoms.)



## TRACK & FIELD MEET OF CHAMPIONS ORDER OF EVENTS

CHECK-IN/ REGISTRATION OPENS AT 3:30pm

### FIELD EVENTS (Begin at 5:00pm)

SHOT PUT .....	BOYS, GIRLS
POLE VAULT .....	GIRLS, BOYS
LONG JUMP .....	BOYS, GIRLS
DISCUS .....	GIRLS, BOYS
HIGH JUMP .....	BOYS, GIRLS

### RUNNING EVENTS (Begin at 5:15pm)

5:15pm .....	4X800 M. RELAY
6:00pm .....	4X100 M. RELAY
6:20pm .....	1600 M. RUN
6:35pm .....	100 M. HURDLES
.....	110 M. HURDLES
6:50pm .....	100 M. DASH
7:05pm .....	400 M. DASH
7:20pm .....	800 M. RUN
7:35pm .....	300 M. HURDLES
7:55pm .....	200 M. DASH
8:10pm .....	3200 M. RUN
8:40pm .....	4X400 M. RELAY