2022 Jr. High Meet Hosted By Moore High School

Let me take the time to invite you to the Moore Public Schools Jr. High Invitational meet to be held on Thursday April 14th, 2022. This has been a great meet in the past and we look to continue its great tradition. Please consider attending our meet. If you wish to attend, you must email me at <u>nicholasgarrison@mooreschools.com</u> to receive an invitation code to add meet to your schedule (Step #2) on trackroster.com. <u>We will</u> <u>only allow 14 teams</u>. This is a <u>SEEDED ENTRY MEET</u>, please read all the information below carefully.

## IF YOU DO NOT ENTER CORRECTLY YOU WILL NOT COMPETE.

ATTENTION COACHES: Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1 - 5 for "Roster Entries" meets. The entry deadline for this meet is Tuesday April12, 2022 at 5:00pm. This is a <u>Roster Entries</u> meet. Log into your TrackRoster account at <u>www.trackroster.com</u>

Entry Fee: \$65.00 per team or \$120.00 for both boys and girls. Make checks payable to Moore Public Schools and bring with you or send to

> Moore Athletics 1500 SE 4<sup>th</sup> Street Moore, Ok 73160

Event Entries will be limited to three individual and one relay team per school.

All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS.

Busses need to park in the lot south of the gym or in the grass field.

Awards will be given to top three in each event along with a team champion and runner up.

Points will be awarded as follows. Individual 10 / 8 / 6 / 4 / 2 / 1 Relays 20 / 16 / 12 / 8 / 4 / 2

OSSAA Rules Apply

# "The entry deadline for this meet is, Tuesday - April 12th, 2022 at 5:00pm. This is a <u>Seeded</u> <u>Entries</u> meet."

Coaches Meeting: 9:00 Field Events: 9:30 Running Events: 9:45

#### Order of Events

<u>Field</u>

Long Jump	Girls / Boys
High Jump	Boys / Girls
Pole Vault	Boys / Girls
Shot	Boys / Girls
Disc	Girls / Boys

## <u>Running</u>

## We will combine runners if possible!

400 Meter Relay	Girls / Boys
3200 Meter Relay	Girls / Boys
100/110 Hurdles	Girls / Boys
3200 Meter Run	Girls / Boys
800 Meter Relay	Girls / Boys
800 Meter Run	Girls / Boys
100 Meter Dash	Girls / Boys
400 Meter Dash	Girls / Boys
300 Meter Hurdles	Girls / Boys
200 Meter Dash	Girls / Boys
1600 Meter Run	Girls / Boys
1600 Meter Relay	Girls / Boys