

Mounds Middle School Invitational Track Meet

1603 Russell Ave, Mounds, Ok 74047; Phone 918-827-6100; Fax 918-827-3705

Dear Track Coach,

We are pleased to announce our Annual Mounds Middle School track meet. We completed a brand new 1.2 million dollar, 8 lane track facility last season and are excited to invite you to our meet. The meet will be run as timed finals.

Date: Monday, March 21st, 2022

Class: any

Divisions: 7th girls, 7th boys, 8th girls, 8th boys

Participation: Each event will be limited to three participants from each team. Each contestant may enter no more than four events. Spike length will be limited to ¼ "or shorter. Starting blocks will be provided.

The meet will be limited to the first 16 teams that sign up

Time: Coaches meeting will begin at 9 am with field events starting at 9:30 am and running events at 9:45 am.

Entry Fee: \$70 per division, If less than five athletes it is \$15 each athlete

Hospitality: Coaches lunch will be provided

Tents: there is room to accommodate camps

Parking: There is a parking lot adjacent to the track for cars, buses will park on the nearby elementary parking lot.

Awards: Custom medals for 1st-3rd place in the Relays, and 1st -5th in all other events. Team Trophy to the Champion in each division

For additional information and to enter, please contact William George: cell- 918-759-0699; office: 918-827-6100 ext 323; email: wgeorge@moundspss.com

Mounds Invitational MS Track Meet

Field Events (9:30 a.m.)

Pole Vault	G-B
Discus	B-G
Shot-put	G-B
Long Jump	G-B
High Jump	B-G

Timed Finals- (10:00 a.m.)

4 x 100m relay	G-B
4 x 800m Relay	G-B
100m Hurdles (33')	G
110m Hurdles (39")	B
4 x 200m relay	G-B
800m run	G-B
100m Dash	G-B

Break: 30 minutes

400 meter run	G-B
300m Hurdles (30")	G
300m Hurdles (36")	B
200m Dash	G-B
1600m Run	G-B
4 x 400m Relay	G-B