

**Piedmont Jr. High School**  
**7<sup>th</sup> and 8<sup>th</sup> Grade Annual**  
**Boys and Girls Invitational Track Meet**  
**Saturday, April 9<sup>th</sup>, 2022**

Coaches:

Piedmont Schools would like to extend an invitation to your school to enter our annual invitational on Saturday, April 9<sup>th</sup> in Piedmont, Oklahoma.

All association rules will apply. Each school will be permitted to enter three contestants per event.

Team trophies will be awarded for the first and second in each division. Individual medals will be awarded for the first three places in each event. Scoring will be 10-8-6-4-2-1 and double relays.

**Field events will begin at 9:30 am and Running events will begin at 10:15 am.  
A coaches' meeting will be at 9:00am at the field house next to the track.**

An entry fee of \$240.00 for all four divisions (\$60.00 for one team) should accompany entries.

Contestants will draw for assignments and will be heated according to times the day of the meet. Shot and discus will be thrown from concrete slabs. Shot, discus, long jump contestants will be given 4 attempts only. All participants will be allowed to wear spikes not exceeding 3/16" in length. The NO FALSE start rule will apply. Starting blocks will be furnished by Piedmont Schools.

**Please make sure you enter students into Enduroentries.com by the appointed deadline.**

We hope you can participate in our upcoming meet.

Sincerely,

Jon Bakewell

Send inquires to:

Jon Bakewell

1055 Edmond RD. NW

Piedmont OK 73078

Cell: 808-5752

School Phone: (405) 373-5011

Please Respond ASAP at the school phone above or email

[jon.bakewell@piedmontschools.org](mailto:jon.bakewell@piedmontschools.org)

Starting Marks: We will mark the first jump/throw. Please email me if we need to adjust.  
Thank you

High Jump: 3'6 " Girls, 4' Boys

Pole Vault: We will reach a consensus with the PV Coaches.

Long Jump: Will measure everyone's first mark. Girls: 7th 8', 8th 10' Boys: 11'

Discus: Will measure everyone's first mark. Girls 7th: 40' 8th: 50', Boys 7th: 50' 8th: 60'

Shot: Will measure everyone's first mark. Girls: 20', Boys 7th: 20', 8th: 30'

## **TRACK MEET SCHEDULE**

**COACHES MEETING: 9:00**

**FIELD EVENTS: 9:30**

**RUNNING EVENTS: 10:15**

Order of Events:

Timed Finals Beginning At **10:15 AM**

100 Meter Low Hurdles (30")	7G, 8G
110 Meter Int. Hurdles (33")	7B, 8B
400 Meter Relay	7G, 7B, 8G, 8B
3200 Meter Relay	7G, 7B, 8G, 8B
100 Meter Dash	7G, 7B, 8G, 8B
800 Meter Run	7G, 7B, 8G, 8B
800 Meter Relay	7G, 8G
400 Meter Run	7B, 8B, 7G, 8G
300 Meter Hurdles	7B, 8B, 7G, 8G
200 Meter dash	7B, 8B, 7G, 8G
1600 Meter Run	7G, 7B, 8G, 8B
1600 Meter Relay	7G, 7B, 8G, 8B

Field events:

Beginning At **9:30 AM**

Shot Put	8B, 7B, 8G, 7G (4 throws only)
Discus	7G, 8G, 8B, 7B (4 throws only)
Pole Vault	7B, 8B, 7G, 8G
Long Jump	8B, 8G, 7B, 7G (4 Jumps only)
High Jump	7G, 7B, 8B, 8G

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7<sup>th</sup> and 8<sup>th</sup> Grade Annual  
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Saturday, April 9th**

Entry Fee:

8 <sup>th</sup> Grade Boys & Girls	\$120.00
One 8 <sup>th</sup> grade team	\$60.00
7 <sup>th</sup> Grade Boys & Girls	\$120.00
One 7 <sup>th</sup> grade team	\$60.00
All Four Teams	\$240.00
Individual	\$10.00 up to 5 athletes

School \_\_\_\_\_

Coach \_\_\_\_\_ Phone # \_\_\_\_\_

8<sup>th</sup> boys

8<sup>th</sup> Girls

7<sup>th</sup> boys

7<sup>th</sup> Girls

Thank You

Jon Bakewell

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