

Adam Helms/Gary Wright Memorial Track Meet

Tuesday, March 29th
@ PUTNAM CITY HIGH SCHOOL
5300 N.W. 50TH, WARR ACRES, OK 73122

We would like to welcome you to the 2022 Adam Helms/Gary Wright Memorial Track Meet at Putnam City High School. This meet is open to the first **12 teams** that are interested in attending. If you plan on attending, please contact either of the following:

Paul Wilson: pwilson@putnamcityschools.org (meet director) OR
Bryce Balenseifen: bbalenseifen@putnamcityschools.org (405) 618-2720

This is an "Invitation Meet". - - - Once I receive the **INVITATION CODE** I will send it to COACHES.

ATTENTION COACHES: Schools planning to attend must submit their entries on enduroussa.com
- - - Complete ALL steps on the "Entries Window" including the "VERIFICATION" step. If the "Verification" step is not complete your entries will NOT be accepted. The online entry deadline for this meet is: **Monday, March 28th by 5:00pm**. This is a **ROSTER ONLY** meet.

*****LATE ENTRIES will not be accepted*******

COACHES' MEETING—9:30am (On Football Field in Heating area)

FIELD EVENTS—9:45am

RUNNING EVENTS—10:00am (Rolling Schedule)

TWO DIVISIONS: High School Girls and High School Boys

SCORING: Individual Events: 10-8-6-4-2-1; Relay Events: 20-16-12-8-4-2

**AWARDS: Team: Champion for boy and girl division
Individual and Relays: Top three in each event**

FIELD EVENTS: Each athlete will be given 3 practice and 3 recorded throws & jumps.

CONCESSIONS: Concessions will be available on North Side of Stadium

**ADMISSION: Admission is \$5.00 per person. O.S.S.A.A Coaches passes will be accepted.
ALL Teams and Visitors will enter through S.E Gate.**

BUS PARKING: Bus parking will be on East Side of Parking Lot behind baseball field

TEAM CAMP AREA: around the outside perimeter of Track **NO CAMPING IN STANDS**

ENTRY FEE: \$100 per division / \$200 for BOTH (girls and boys teams)

**TO ENTER: 1. CONFIRM BY EMAIL TO: pwilson@putnamcityschools.org
2. Submit entries on enduroussa.com by 5:00pm Monday March 28TH, 2022
You must complete the "VERIFICATION" step on the "Entries Window"**

Order of Events

Tuesday, March 29th 2022

Coaches Meeting 9:30am on Football Field

School Exchanges Zones: (Exchange zone flags will be at heating area)

4x100r: We will assign exchange zone judges to coaches at meetings.

Ex.1 -

Ex.2 -

Ex.3-

4x200r:

Ex. 1

Ex. 2

Field Events: 9:45AM START TIME

SHOT PUT	GIRLS, BOYS
DISCUS	BOYS, GIRLS
LONG JUMP	GIRLS, BOYS
HIGH JUMP	BOYS, GIRLS
Pole Vault	BOYS, GIRLS

RUNNING EVENTS— 10:00AM START TIME

4 X 100 RELAY	GIRLS, BOYS
4 X 800 RELAY	GIRLS, BOYS
100 INTER. HURDLES	GIRLS
110 HIGH HURDLES	BOYS
3200 RUN	GIRLS, BOYS
4 X 200 RELAY	GIRLS, BOYS
800 RUN	GIRLS, BOYS
100 DASH	GIRLS, BOYS
400 DASH	GIRLS, BOYS
300 LOW HURDLES	GIRLS
300 INTER. HURDLES	BOYS
200 DASH	GIRLS, BOYS
1600 RUN	GIRLS, BOYS
4 X 400 RELAY	GIRLS, BOYS

**PUTNAM CITY
INVITATIONAL
INVOICE
2022**

TEAM: _____ **AMOUNT OWED:** _____

Please have all payments sent by May 1st, 2022.

ADAM HELMS/GARY WRIGHT TRACK MEET ENTRY FEE:

Varsity Teams

\$100.00-\$200.00 for both high-School Boys and Girls team

Send Entry Fees to:

Attn: Paul Wilson
5300 NW. 50th Warr Acres,
Oklahoma 73122