



**SaberCat Invitational  
Southmoore High School  
April 1, 2022**

Welcome to the SaberCat Invitational meet to be held on **Friday, April 1st, 2022 at Southmoore High School**. This meet is limited to invitation only. To accept your invitation and reserve your team's spot, you must send an email to [shanonatkinson@mooreschools.com](mailto:shanonatkinson@mooreschools.com) to receive an invitation code. This code will be needed to add the meet to your schedule (Step #2) on [trackroster.com](http://trackroster.com). The meet is limited to 8 teams.

This is a SEEDED ENTRY MEET, please read all the information below carefully.

**COACHES:**

- Log into your TrackRoster account at [www.trackroster.com](http://www.trackroster.com)
- Schools planning to attend this meet must submit their entries on TrackRoster by completing Steps 1 - 5 for "Seeded Entries" meets.
- The entry deadline for this meet is **Wednesday March 30st, 2022 at 6:00pm**.
- Event entries will be limited to five (5) individual and one (1) relay team per school. All running events will be timed finals. FAT timing will be provided by ENDURO TIMING SYSTEMS.
- Awards will be given to top three (3) in each event along with a team champion.
- Points will be awarded as follows:

Individual	10 / 8 / 6 / 5 / 4 / 3 / 2 / 1
Relays	20 / 16 / 12 / 10 / 8 / 6 / 4 / 2
- OSSAA Rules Apply

**ENTRY FEE:**

- \$90.00 per team or \$180.00 for both boys and girls.
- Make checks payable to Southmoore Track Booster Club and bring with you on meet day.

**COVID-19 PRECAUTIONS:**

Only athletes, coaches and meet officials allowed on the track, field, warm up area, or team camps. Masks are required when athletes are not competing or warming up and always for coaches and spectators.

**ADMISSION:**

\$5 Adults; \$2 Students



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**Order of Events**

Coaches Meeting: 9:30am

**Field Events: 10:00am**

Long Jump	Girls / Boys
High Jump	Boys / Girls
Pole Vault	Boys / Girls
Shot	Boys / Girls
Disc	Girls / Boys

**Running Events: 10:30am**

4x100m Relay	Girls / Boys
4x800m Relay	Girls / Boys
100m/110m Hurdles	Girls / Boys
3200m Run	Boys
4x200m Relay	Girls / Boys
800m Run	Girls / Boys
100m Dash	Girls / Boys
3200m Run	Girls
400m Dash	Boys / Girls
300m Hurdles	Girls / Boys
200m Dash	Girls / Boys
1600m Run	Girls / Boys
Thrower Relay (4x100)	THROWERS ONLY
4x400m Relay	Girls / Boys

