

## Sweetwater Bulldog Invitational

Sweetwater Schools will be hosting their 2<sup>nd</sup> annual track meets, as listed below. Both meets will be sanctioned by the OSSAA. We have a new 6-lane polyurethane track, and we ask that you <u>do not use tape for track markings.</u> We will allow "B" teams but will not score them.

Monday March 28, 2022 – JH Boys and Girls (7<sup>th</sup> and 8<sup>th</sup> Only) \$70 per division. Individual fees are \$15 per athlete up to 4 participants.

<u>Monday March 28, 2022</u> –  $5^{\text{th}}$  and  $6^{\text{th}}$  Boys and Girls \$60 per division. Individual fees are \$10 per athlete up to 4 participants.

<u>Friday April 1, 2022</u> – High School Boys and Girls. \$80 per division. Individual fees are \$15 per athlete up to 4 participants.

| Time:        | 9:30 a.m. Coaches meeting<br>9:45 a.m. Field Events begin<br>10:15 a.m. Running Events begin. <u>ALL MEETS ARE TIMED FINALS</u>   |
|--------------|---|
| Limitations: | Each contestant is limited to four events, including relays<br>Each school is limited to three entrants in each event and one team in each relay.<br>You may enter five entrants in the 5 <sup>th</sup> and 6 <sup>th</sup> meet.<br>Four throws will be allowed in the shot and discus. Four attempts in the long jump.<br>Pole vault for JH and HS only.<br>High jump for all levels. |
| Awards:      | Medals will be awarded to the top five $(5)$ places in each event.  |
| Team Points: | 10-8-6-4-2-1, with double points awarded for relays.  |
| Equipment:   | We request that only short spikes $(1/4)$ or flat shoes be worn on this surface.<br>Sweetwater will furnish all blocks.   |
|              | A Concession stand will be in operation throughout the meet and all participants must<br>keep their tents in the designated areas. The infield must be kept clear.  |

- If you have any questions, please call Doug Daffern at Sweetwater High School.
- Work phone: 580-534-2272
- Cell 806-268-1370

Please call and leave a phone number if you are planning on attending, or text Doug Daffern. We will notify those schools if bad weather forces cancellation.

## Sweetwater Invitational Track Meet Schedule of Events April 1, 2022

ORDER

|      | FIELD EVENT | <u>ORDER</u>      |
|------|-------------|-------------------|
| 9:45 | Shot Put    | HS Boys, HS Girls |
|      | Discus      | HS Girls, HS Boys |
|      | HJ          | HS Boys, HS Girls |
|      | PV          | HS Girls, HS Boys |
|      | LJ          | HS Girls, HS Boys |
|      |             |                   |

## <u>FINALS</u>

10:15 400 Relay HS Girls, HS Boys 3200 Relay HS Girls, HS Boys 100 Hurdles 33" HS Girls HS Boys 110 Hurdles 39" HS Boys 3200 Run 800 Relay HS Girls, HS Boys 800 Run HS Girls, HS Boys HS Girls, HS Boys 100 Dash 3200 Run HS Girls HS Girls, HS Boys 400 Dash 300 Hurdles 30" HS Girls 300 Hurdles 36" HS Boys HS Girls, HS Boys 200 Dash HS Girls, HS Boys 1600 Run 1600 Relay HS Girls, HS Boys

Individuals are limited to participating in any four events.

## Sweetwater 5/6 and 7/8 Track Meet March 28, 2022

9:45 Field Events

| Shot Put                    | 7/8 Girls, 7/8 Boys                      |  |  |  |
|-----------------------------|--|--|--|--|
| Shot Put 2                  | 5/6 Boys, 5/6 Girls                      |  |  |  |
| Discus                      | 5/6 Girls, 7/8 Girls                     |  |  |  |
| Discus 2                    | 7/8 Boys, 5/6 Boys                       |  |  |  |
| HJ                          | 7/8 Boys, 7/8 Girls, 5/6 Girls, 5/6 Boys |  |  |  |
| LJ                          | 7/8 Girls, 7/8 Boys, 5/6 Boys, 5/6 Girls |  |  |  |
| PV                          | 7/8 Girls/ 7/8 Boys                      |  |  |  |
| *shot and discus – 3 throws |  |  |  |  |

\*long jump – 3 jumps

10:15 Running Events – Timed Finals

| 3200 Relay  | 7/8 Girls, 7/8 Boys                      |
|-------------|--|
| 400 Relay   | 5/6 Girls, 7/8 Girls, 5/6 Boys, 7/8 Boys |
| 100 Hurdles | 5/6 Girls, 7/8 Girls, 5/6 Boys           |
| 110 Hurdles | 7/8 Boys                                 |
| 800 Relay   | 5/6 Girls, 7/8 Girls, 5/6 Boys, 7/8 Boys |
| 800 Run     | 5/6 Girls, 7/8 Girls, 5/6 Boys, 7/8 Boys |
| 100 Dash    | 5/6 Girls, 7/8 Girls, 5/6 Boys, 7/8 Boys |
| 400 Dash    | 5/6 Girls, 7/8 Girls, 5/6 Boys, 7/8 Boys |
| 300 Hurdles | 7/8 Girls, 7/8 Boys                      |
| 200 Dash    | 5/6 Girls, 7/8 Girls, 5/6 Boys, 7/8 Boys |
| 1600 Run    | 7/8 Girls, 7/8 Boys                      |
| 1600 Relay  | 5/6 Girls, 7/8 Girls, 5/6 Boys, 7/8 Boys |