TAHLEQUAH JR HIGH TRACK MEET

March 8th 2022 • Tahlequah High School

Please read this information carefully and email to confirm your entry.

ogdend@tahlequahschools.org millere@tahlequahschoolsorg

Tahlequah High School welcomes you to our annual JR High Track Meet to be held at our eight lane all-weather track facility located east of the high school. The meet will be a timed finals event with schedule enclosed.

Entry Deadline: All entries are **DUE** by **Monday March 7th2022**, **Noon**. No exceptions.

Entry Procedure: This is a Rosters ONLY meet.

ONLINE MEET REGISTRATION:

Entries are to be complete online using ENDUROUSA.COM Phone or faxed entries will not be accepted. If you do

not already have an on-line entry account, you will need to visit the new "ENDURO" website (www.endurousa.com). After you set up your new account, you must UPGRADE your account to "Coach of Record (school meets)". The blue button to upgrade is in the upper-right hand corner of the Home Page. After you upgrade, click on "My Roster List"

and continue.

(1) Setup - - - then <u>UPGRADE</u> your Run ENDURO USA account so you can add your school

and desired roster(s);

(2) After you upgrade, click on "My Roster List" (left side of Home Page) to find your

rosters and add students"

(3) Add the meet to your schedule (Main Roster window) and enter your students.

Complete ALL steps on the "Entries Window" including the "VERIFICATION" step. If the "VERIFICATION" step is not complete your entries will NOT be accepted.

Entry Fee: \$50 per team, per gender (\$50 for girls, \$50 for boys). Checks made out to Tahlequah Athletics and mail

payment or bring check the day of the race. Mailing Address

Tahlequah Athletics 591 Pendleton Tahlequah, OK 74464

Coaches Packet: Upon arrival coaches will receive a packet with their printed rosters and competition numbers for each

athlete. The athlete should have their competition number written on their right hand in permanent

marker throughout the competition as they will need it to check in for events.

Check In: Athletes in running events will need to check in at the Clerking Area at the west end of the track at least

30min before their event. Athletes who have not checked in will not be added into the field for that event. Field event athletes will check in at their sites. Non-lane running events will check in at the starting line

and will be recorded for finish order in the chute.

Weigh In: All implements will need to be weighed in prior to the competition. Weigh in will be in the white track

building.

Divisions: There will be 4 Divisions 7th B/G 8th B/G

Time: Coaches Meeting @ 9:30 - Field Events @ 10:00 - Running Events @ 10:15.

Team Points: Awarded to first through sixth place 10-8-6-4-2-1 in individual events and relays 20-16-12-8-4-2.

Awards: Awarded to first, second & third places in all events.

Awarded to first place team in each division.

Limitations: Each contestant will be limited to four events including relays. Each school will be limited to THREE

entries in individual events and one entry in relay events.

Equipment: Blocks will be provided. ¼ inch spikes or shorter required.

OSSAA Rules Apply

There will be a coach's meal. Looking forward to hosting you and your athletes.

Don Ogden Track Coordinator Cell – 918.931.2789

Email- ogdend@tahlequahschools.org
Athletic Director - 918.458.4154

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ORDER OF EVENTS

FIELD EVENTS-10:00 a.m.

High Jump 7b,8b,7g,8g,

Long Jump 7g,8g,7b,8b,

Shot 7g,8g,7b,8b

Discus 7b,8b,7g,8g,

Pole Vault All Boys, All Girls

TIMED FINALS-10:15 a.m.

*We will operate on a rolling schedule.

G/B may run together

3200 m Relay

100 Hurdles

110 Hurdles

100 m Dash

800 m Relay

800 Run

400 m Relay

400 m Dash

300 Hurdles

200 m Dash

1600 Run G/B may run together

1600 Relay

Running order is as follows 7g/8g/7b/8b/

- All athletes have been assigned a competitor number. Athletes shall write their competitor number on his or her right hand, which will be used during the event check-in process.
- Athletes in running events need to check in at the west end of the track 30 minutes prior to their event(s).
- Athletes in non-lane running events need to check in at the start line.
- Field event athletes will check in at the event site(s).

Coaches let me know how many eaters you will be bringing for our Coaches meal prep.

(Rev. January 2003)

U.S. exempt payee.

Note: If a requester gives you a form other than Form W-9 to request your TIN, you must use the requester's form if it is substantially similar to this Form W-9.

Foreign person. If you are a foreign person, use the appropriate Form W-8 (see Pub. 515, Withholding of Tax on Nonresident Aliens and Foreign Entities).

Request for Taxpayer Identification Number and Certification

Give form to the requester. Do not send to the IRS.

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6	Tahlequah Public Schools								
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	Address (number, street, and apt. or suite no.) P 0 Box 517					Requester	s name and	address (optional)	
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U.S. p (include perso	person, Use ding a resid on requesting Certify that I	e Form W-9 only if you a ent alien), to provide you g it (the requester) and, the TIN you are giving is ther to be issued),	the exce to: claim	If you are a U.S. resident alien who is relying on an exception contained in the saving clause of a tax treaty to claim an exemption from U.S. tax on certain types of incomyou must attach a statement that specifies the following five items:					
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2. The treaty article addressing the income.

The article number (or location) in the tax treaty that contains the saving clause and its exceptions.

4. The type and amount of income that qualifies for the

5. Sufficient facts to justify the exemption from tax under

exemption from tax.

the terms of the treaty article.