

Tishomingo Indian INVITATIONAL

April 21st, 2022

Coaches, we are proud to invite you to our Tishomingo Indian Invitational Track Meet. We have a Track only facility with a Seven-lane all-weather track. --- Coaches meeting at **9:00**, in the Field House. Field events to start at 9:30. Running events start at 10:00

You must contact one of the coaches below to inform us of your attendance.

- There will be Two divisions- Varsity Girls and Varsity Boys.
- Entry Fee: \$90.00 per division \$15:00 individual
- ON-LINE ENTRES Entry Deadline: day before the meet (April 20th) @ 5pm. (see below)
- Medals given to the **top 3 relay** teams and **top 5 individual events**.
- Starting heights and distances to be determined at coaches meeting.
- Hospitality room provided for coaches and administrators in the Field House.
- ¼ inch spikes or shorter only- starting blocks will be provided.
- Bus Parking will be behind the home Football stadium bleachers on the North side.
- Only athletes who are warming up, competing, or cooling down permitted on the infield. NO camps allowed on infield.

OSSAA Rules apply

If you plan on attending, need further information, or in case of inclement weather, please contact one of these coaches: Jeff Alexander- Cell 903-818-3181, Trey Drinkard- Cell 580-371-6986 or AD Scott O'Hara- Cell 405-589-1955

ONLINE ENTRIES: (This is a "Roster Entries" meet.) Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL steps on the "Entries" window – including the VERIFICATION Step. The ENTRY DEADLINE is the day before the meet 5:00pm. Log into your account at: www.endurousa.com NO LATE ENTRIES

***** Schools who have not entered online will not be added at the meet. *****

If you have questions about your ENDURO USA account, please message Kevin through your ENDURO USA™ account, or email him at: kevin@runenduro.com

Field Events 9:30

Shot G-B

Discus B-G

High Jump G-B

Long Jump B-G

Pole Vault B-G

Running Events 10:00

3200M Girls, Boys

400M Relay - Girls, Boys

3200M Relay - Girls, Boys

100 H. Hurdles - 33"

110 H. Hurdles - 39"

800M Relay- Girls, Boys

800M Dash- Girls, Boys

100M Dash - Girls, Boys

400 Meter Dash - Girls, Boys

300 Meter Low Hurdles - Girls

300 Meter Int. Hurdles – Boys

200 Meter Dash - Girls, Boys

1600 Meter Run - Girls, Boys

1600 Meter Relay - Girls, Boys