Brina Hummingbird - Principal Rafe Watikins - Athletic Director John Hart - Asst. AD/Boys Track Mindi Peter - Asst. AD/Girls Track



1012 5th Avenue Warner, OK 74469 Phone: 918-463-5172

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January 26th, 2022

You are invited to attend our inaugural Warner Relays track meet on Friday, April 22nd, 2022.

We have a 7 lane all-weather surface track.

There will be a **10 TEAM LIMIT**. You will NOT need to register athletes on enduro due to the structure of the meet but please email, text, or call to reserve your spot.

- -Field events will begin at 3:30 PM and running events will begin at 3:45 PM. Coach's meeting at 3:15 PM..
- -Entry fee will be \$75 per division. Medals and team awards will be given.

 for 1st-3rd place and a team trophy for division winners. Make checks payable to: Warner Public School.
- -Starting blocks will be furnished and YOU MUST WEAR 1/4" SPIKES OR SMALLER. NO NEEDLE SPIKES. Please DO NOT use tape on the track. No team camps on the infield.
- Only one team is allowed per relay event & no athlete may participate in more than four events in any division. Field events will be allowed 3 attempts with no finals.
- -Divisions are Varsity Girls & Boys (2 divisions)
- -All coaches are to check in at the field house. If you arrive late, please check in with Coach Hart or Coach Peters.
- -\$5 entry fee for spectators and concessions will be available.
- ***Hospitality room provided for coaches and administrators***

Please feel free to contact Coach Peters (918-618-3158) <u>mindipeters@warner.k12.ok.us</u> or Coach Hart (918-617-0925) <u>johnhart@warner.k12.ok.us</u> at any time with questions or in regards to inclement weather or at 918-463-5172.

Regards,

Mindi Peters - Girls Track Coach John Hart - Boys Track Coach

WARNER HIGH SCHOOL RELAYS

Coaches Meeting: 3:15

Field Events: 3:30

Running Events: 3:45

ORDER OF EVENTS

Field Events

Shot HS Boys HS Girls

Discus HS Girls HS Boys

Long Jump HS Girls HS Boys

High Jump HS Boys HS Girls

NOTE: SHOT PUT, DISCUS, AND LONG JUMP WILL HAVE 3 JUMPS/THROWS EACH. NO FINALS!

4 x 100

4 x 100 Throwers relay (not scored but awards)

4 x 800

4 x 200

Distance Medley 1200, 400, 800, 1600

Break

Sprint Medley 100, 100, 200, 400

1500 M Run

4 x 400