YUKON MIDDLE SCHOOL SUNDOWNER Yukon Middle School Friday, April 8, 2022

This will be a Seeded Meet. Enter your athletes in the events they will compete in on runendurousa.com by completing steps 1-5. Use Accurate Seed Marks from a meet this year, if you do not have a mark from a meet this year you can enter them as No Mark. Entry deadline for this meet is 5:00pm Thursday, April 7th.

- Coaches Meeting 4:00
- Field Events 4:15
- Running Events 4:30

INVITATION-ONLY MEET!

400m Relay 7G-7B-8G-8B	Shot Put 7G-8G-8B-7B
	Discus 8B-7B-7G-8G
3200m Relay 7G&7B-8G&8B	High Jump 8G-7B-7G-8B
100m Hurdles 7G-8G	Long Jump 7G-8B-8G-7B
110m Hurdles 7B-8B	Pole Vault 7G&8G-7B&8B
800m Relay 7G-7B-8G-8B	*This meet will move quickly. Some races have been / can be combined. Tell your
800m Run 7G&7B-8G&8B	athletes to listen carefully to what event is being called and to report immediately after the first call.
100m Dash 7G-7B-8G-8B	
400m Dash 7G-7B-8G-8B	*For relays, we only need one member from each team to check-in at the heating benches. If you are running more than one
300m Hurdles 7G-7B-8G-8B	team, make sure you have one member from each of your teams report.
200m Dash 7G-7B-8G-8B	ENTRY FEE: \$70/team (\$280 for all four divisions) Please Contact
1600m Run 7G&7B-8G&8B	Brandon.Cromwell@yukonps.com for information
1000m Polov 70 7D 00 0D	MEDALS: Top 4
1600m Relay 7G-7B-8G-8B	TEAM AWARDS: Champion of each division