



Ada 7th & Junior High Jerry & Murr Naylor Track Meet

Tuesday, April 11, 2023

The Ada Public School system would like to invite you to the 2023 Jerry & Murr Naylor Track meet. The meet will be held at our High School facility. (1400 S. Stadium Drive)

4 divisions: 7th girls, 7th boys, JH GIRLS (8th/9th Grade) JH BOYS (8th/9th)

Coaches Meeting – 9:00 a.m.

Field Events – 9:30 a.m.

Running Events – 10:00 a.m.

If you plan to attend, contact Brad O'Steen at osteenb@adapss.com , 580-310-7220, Colby Shamley (405) 238-0703 shamleyc@adapssc.om or Ryan Madison at madisonr@adapss.com 580-310-7260.

Cost is \$80.00 per team, \$155.00 both boys and girls. \$15.00 per individual if 4 or fewer team members. Please make checks payable to Ada City Schools, **Attention TRACK**, P.O. Box 1359, Ada, Ok 74821

Awards: Medals through top 5 placers for individuals and relays

Coaches please have your athletes in $\frac{1}{4}$ inch spikes or shorter

Participants in the LJ, Shot and Disc will get 4 attempts, NO FINALS

Facilities: Concession stand and restrooms available



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Order of Events – Timed Finals

400 meter relay – 7th girls, 7th boys – JH girls, JH boys

3200 meter relay – 7th girls, 7th boys – JH girls, JH boys

100 meter hurdles – 7th girls, JH girls

110 meter hurdles – 7th boys, JH boys

3200 meter run – 7th girls – 7th boys

800 meter relay – 7th girls, 7th boys – JH girls, JH boys

800 meter run – 7th girls, 7th boys – JH girls, JH boys

100 meter dash – 7th girls, 7th boys – JH girls, JH boys

3200 meter run – JH girls, JH boys

400 meter dash – 7th girls, 7th boys – JH girls, JH boys

300 meter hurdles – 7th girls, 7th boys – JH girls, JH boys

200 meter dash – 7th girls, 7th boys – JH girls, JH boys

1600 meter run – 7th girls, 7th boys – JH girls, JH boys

1600 meter relay – 7th girls, 7th boys – JH girls, JH boys

Field Events:

Shot – 7th boys, JH boys 7th girls, JH girls

Disc – 7th girls, JH girls 7th boys, JH boys

LJ – 7th girls, JH girls 7th boys, JH boys

HJ – 7th boys, JH boys 7th girls, JH girls

PV – 7th boys, JH boys 7th girls, JH girls