



Ada High School Dorsey Reirdon Invitational



Friday, April 14th 2023

On behalf of the Ada Public School system we would like to invite you to the 2023 Dorsey Reirdon Invitational on Friday, April 14th. The meet will be held at our High School facility, 1400 S. Stadium Drive. There will be one division for varsity boys and one division for varsity girls.

If you plan to attend, please email or call Colby Shamley at shamleyc@adapss.com , (405)238-0703 or

Leslie Landrum at landruml@adapss.com, 580-310-7260.

Cost is \$90.00 per team or \$170 for both boys and girls, \$40 for B teams, Individual fee is \$15.00 per athlete, if 4 or fewer team members.

Make checks payable to Ada City Schools, **Attention TRACK**, P.O. Box 1359, Ada, OK 74821

Coaches Meeting – 9:00 a.m.

Field Events – 9:20 a.m.

Running Events – 10:00 a.m.

Awards: Medals through five places for individual events and three places for relays. There will be a Championship Team Trophy given for the boys and girls Team champions. Results will be posted on ohstrack.com

Medals: can be picked up at the press box on the West side of the Track

Participation: 3 contestants per event and 1 relay team per school

Coaches please have your athletes in $\frac{1}{4}$ inch spikes or shorter

Field Events at 9:20

Shot – Girls – Boys 3 Throws

Disc – Boys – Girls 3 Throws

HJ – Girls – Boys

LJ – Boys – Girls 3 Jumps

PV – Girls – Boys

Running Events at 10:00

400 meter relay – girls – boys

3200 meter relay – girls – boys

100 meter hurdles – girls

110 meter hurdles – boys

3200 meter run – girls – boys

800 meter relay – girls - boys

800 meter run – girls – boys

100 meter dash – girls – boys

400 meter dash – girls – boys

300 meter hurdles – girls – boys

200 meter dash – girls – boys

1600 meter run – girls – boys

Throwers 4x100 Relay

1600 meter relay – girls – boys