

34th Annual Anadarko Warrior Track & Field Meet Thursday, April 13th 2023

There will be 4 Divisions, 7th grade Girls, 7th Grade Boys, JH Girls & JH Boys.
Entry Fee: 100.00 Per Division, 350.00 for all Four Divisions, 20.00 Per Individual.
Time: 9:00 Coaches Meeting 9:30 Field Events 10:00 Running Starts.
Trophies: Team Trophies will be awarded to the Champion and Runner up in each division.

Awards: Medals will be awarded to top 5 Individuals and top 3 relays.

Points: 10-8-6-4-2-1 for individuals 20-16-12-8-4-2 for relays

Equipment: Starting blocks will be furnished. Spikes should be $\frac{1}{4}$ inch in length.

Field Events: Will Be 3 throws or jumps or qualifying mark. We will have Pole Vault.

Athletes will be limited to 4 events including relays. If your school has more than 3 athletes in an event the 4th athlete must enter as B team. Athletes may only participate in (1) Division.

Heating: Athletes will be heated by times. Place your Best runners up front.

Runners will draw for lanes.

The No False start rule will apply.

All Oklahoma Secondary School Activity Association Rules Will Apply!!!

Concession and Restroom will be available.

All camps need to be set up outside the roped off area. Athletes may warm up on the infield.

Entree Fee: 100.00 per Division 350.00
for all Four Divisions
20.00 per individual

Anadarko High School
1400 Warrior Drive
Anadarko, OK 73005

Any Questions Please contact.

James Sutteer Head Boys Coach Katie Cantrell 405-371-
2179 Head Girls Coach

Field Events: 9:30 AM

Shot Put - 7th Boys, JH Boys, 7th Girls, JH Girls
Discus - 7th Girls, JH Girls, 7th Boys, JH Boys High
Jump - 7th Girls, JH Girls, 7th Boys, JH Boys
Long Jump - 7th Boys, JH Boys, 7th Girls, JH Girls
Pole Vault - Girls/Boys

RUNNING EVENTS: 10:00 AM

400 RELAY 7th Girls, 7th Boys, JH Girls, JH Boys
3200 RELAY 7th Girls, 7th Boys, JH Girls, JH Boys
100 HURDLES 7th Girls, JH Girls
110 HURDLES 7th Boys, JH Boys
3200M Run JH Girls, JH BOYS
100M DASH 7th Girls, 7th Boys, JH Girls, JH Boys
800M RELAY 7th Girls, 7th Boys, JH Girls, JH Boys

BREAK

800M RUN 7th Girls, 7th Boys, JH Girls, JH Boys
400M DASH 7th Girls 7th Boys, JH Girls, JH Boys
300 HURDLES 7th Girls, 7th Boys, JH Girls, JH Boys

200M DASH 7th Girls, 7th Boys, JH Girls, JH Boys
1600M 7th Girls 7th Boys, JH Girls, JH Boys
1600 RELAY 7th Girls, 7th Boys, JH Girls, JH Boys