

## Wampus Cat Junior High Invitational

6th 7th 8th Grades

Thursday April 13th, 2023

Coaches, we are proud to invite you to our 4<sup>th</sup> annual Wampus Cat Junior High Invitational

- Coaches meeting 9:00 in the weight room, field events begin at 9:30 and running events will begin at 10:00.
- There will be six divisions 6th Grade Girls- 6th Grade Boys- 7th Grade Girls- 7th Grade Boys- 8th Grade Girls- 8th Grade Boys
- Entry Fee: \$80.00 per division or 10.00 per individual up to 4 members.
- ON-LINE ENTRES - - - see below - -
- Entry Deadline: **day before the meet (April 12th) @ 1pm. (see below)**
- Qualifying heights and distances to be determined at the coaches meeting. (There will be a qualifying mark in shot put, discus, and long jump will be measured digitally) After qualifying, each athlete will get three competitive measured attempts.
- All running events will be automated timed finals.
- Hospitality room provided for coaches and administrators in the Field House.
- Coaches, please have only athletes who are warming up, competing, or cooling down on the infield. NO camps allowed on the infield.
- Custom medals awarded to the top **five** finishers in **all** events including throwers relay.
- ¼ inch spikes or shorter ONLY, starting blocks will be provided.
- Bus Parking will be behind the home bleachers on the west side of the stadium or below in the lower portion of the parking lot.

### OSSAA Rules apply

- If you plan on attending, need further information, or in case of inclement weather contact:  
Chet Braudrick - Office 580-889-3361 Cell 580-889-0054 AD Taggart Lockhart - 580-889-3361

**ATTENTION COACHES:** the On-line Entry DEADLINE is: **Wednesday, April 12<sup>th</sup> @ 1pm.** (((The meet will be CLOSED at 1pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the "**ENTRIES Window**" – including the "**Verification Step**". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: [www.endurousa.com](http://www.endurousa.com) - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: [cara@runenduro.com](mailto:cara@runenduro.com)

## ORDER OF EVENTS

### FIELD EVENTS – 9:30 A.M.

Long Jump 6G-7-G, 8-G, 6-B, 7-B, 8-B

High Jump 6B-7-B, 8-B, 6G, 7-G, 8-G

Shot Put 8-G, 7-G, 6-G, 8-B, 7-B, 6-B

Discus 8-B, 7-B, 6-B, 8-G, 7-G, 6-G

Pole Vault 8-G, 7-G, 8-B, 7-B (depending on numbers we may group vaulters)

### TIMED FINALS - 10:30 A.M.

400 Meter Relay Girls-Boys

3200 Meter Relay Girls-Boys

100/ 110 Meter Hurdles Girls-Boys

800 Meter Relay Girls-Boys

800 Meter Run Girls-Boys

100 Meter Dash Girls-Boys

400 Meter Run Girls-Boys

300 Meter Hurdles Girls-Boys 678

200 Meter Dash Girls-Boys

1600 Meter Run Girls-Boys

\*Throwers Relay- one race for all classes combined at least one female participant per team

1600 Meter Relay Girls-Boys

\*The throwers relay will consist of one team per school made up from all divisions. All members of the team must have competed in a throwing event. There will be medals awarded to the first five finishing teams.