



8th ANNUAL - BETHANY HIGH SCHOOL 2023 BETHANY TWILIGHT



Bethany High School extends an invitation for your school to participate in our 8th annual High School Boys and Girls Twilight Meet. This event will be held on **Monday, March 6, 2023**, starting at 4:15 p.m. The following will give you the information you need concerning this track meet. The track is located at the Bethany Public Schools Athletic Complex just west of NW 50th Street and Council Road in Northwest Oklahoma City.

ONLINE ENTRIES: Schools planning to attend our meet must submit their entries on the ENDURO USA website by completing the steps on the "Entries" window to select a "division" for each student being entered. (This is a "Roster Entries" meet.) The online ENTRY DEADLINE is the day before the meet @ 5:00pm. Log into your account at: www.endurousa.com NO LATE ENTRIES *** Schools who have not entered on-line will not be added at the meet. *** If you have questions about your ENDURO USA account, please message Cara through your ENDURO USA account, or email him at: cara@runenduro.com

Entry Fee: \$100.00 (boys team) and \$100.00 (girls team) (\$200.00 total) and \$25.00 per individual (up to 4).
Make checks payable to Bethany Public Schools.

Bring Checks or Send to: Bethany Public Schools
Attn. Adam Forester
6721 NW 42nd Street
Bethany, OK, 73008

Field Size: ****The field will be limited to the first 8 schools that contact the meet directors.****

Divisions: High School Boys and High School Girls

Timing: We will be using the new FT-90 Fully Automatic Timing System from FlashTiming.

Trophies: Team points will be kept, but NO trophies will be given.

Medals: Medals will be awarded to 1st, 2nd, and 3rd place in all events.

Entrants: **Each contestant is limited to four (4) events, including relays. Each school is limited to five (5) entrants in each event. Each school can have unlimited relay entries, although all "A" relays will run in the same heat. Only three (3) athletes and one (1) relay from a school can score points.**

Time Schedule:
3:30 PM – Coaches Meeting
4:15 PM – Field Events
4:15 PM – 3200 Meter Run
5:00 PM – Running Events (Timed Finals)

Events: Three (3) throws or jumps and then qualify eight (8) to the finals of shot put, discus, and long jump. If field size is less than 12 competitors the number of throws or jumps may be modified.

Team Points: Points will be awarded to the top 6 (10-8-6-4-2-1) with Relays doubled (20-16-12-8-4-2).

Hospitality: A Hospitality Room will be provided for coaches in the HS Football Film Room.

Equipment: Our track is an all-weather track. Please use spikes no longer than 1/4". Starting blocks will be provided.

Entries: Please let us know if you would like to attend this meet. Send an email to Adam Forester at aforester@bethanyschools.com.

For questions or in case of possible inclement weather please contact the meet directors:

Adam Forester, Head Boys and Girls Track Coach
aforester@bethanyschools.com
405-664-6022 (Cell)

Jon Arthur, Athletic Director and Meet Referee
jarthur@bethanyschools.com
405-664-6183 (Cell) 405-499-4608 (Office)



8th ANNUAL BETHANY HIGH SCHOOL BETHANY TWILIGHT



Schedule of Events

3:30 Coaches Meeting (Locker Room by the Starting Line)

Field Events

4:15	Discus	Girls	Boys
	High Jump	Boys	Girls
	Shot Put	Boys	Girls
	Long Jump	Girls	Boys
	Pole Vault	Boys	Girls

We will qualify the top eight (8) in all field events to the finals (unless field size is less than 12 competitors in which case the number of throws or jumps may be modified) and we will run all races as final heats against time.

Running Events

*Approximate Times

4:15	3200 Meter Run	Girls	Boys
5:00	400 Meter Relay	Girls	Boys
5:10	3200 Meter Relay	Girls	Boys
5:35	100 Meter Hurdles	Girls (33")	
5:45	110 Meter Hurdles	Boys (39")	
5:55	800 Meter Relay	Girls	Boys
6:15	800 Meter Run	Girls	Boys
6:30	100 Meter Dash	Girls	Boys
6:45	400 Meter Dash	Girls	Boys
7:05	300 Meter Hurdles	Girls (30")	Boys (36")
7:25	200 Meter Dash	Girls	Boys
7:40	1600 Meter Run	Girls	Boys
8:00	1600 Meter Relay	Girls	Boys

Bethany High School Track Meet Records

Field Events	Bethany Twilight Records 2016-Present	Bethany Track Facility Records All Meets held at Track Complex 1982-Present
Shot Put	G: Tierra Meyers, Putnam City North, 37'4" (2016) B: Trenton Mannering, Thomas, 43'8.5" (2016)	G: Ashley Bryant, Newcastle, 42'10" (2012) B: Wes Simms, Weatherford, 56'8" (1999)
Discus	G: Madeline Owen, Tuttle, 104'5" (2017) B: Jordan Baker, Putnam City North, 124'8" (2016)	G: Mariah Garcia, Mustang, 149'5" (2012) B: Wes Simms, Weatherford, 178'2" (1999)
Long Jump	G: Midajah Riles, Lawton, 15'2" (2016) B: Jair Thomas, Lawton, 20'9" (2016)	G: Schuyler Wood, Putnam City, 18'9.5" (2013) B: Dalton Stout, Bethany, 22'4.25" (2014)
High Jump	G: Kylie Moseley, SW Covenant, 4'8" (2017) B: Landon Stout, Bethany, 5'10" (2016) B: Micah Moseley, SW Covenant, 5'10" (2017)	G: 9 Tied, 5'4" (1984-2014) B: 3 Tied, 6'8" (1980-2012)
Pole Vault	B: Evan Brinegar, Bethany, 13'0" (2016)	G: Erin Shaughnessy, Shawnee, 11'1" (2011) B: Wilkenson, Stroud, 15'6" (1996)
Running Events	Meet Records	Track Records
100 Meter Dash	G: Kaley Knox, Bethany, 12.56 (2016) B: Demariyon Houston, 11.12 (2016)	G: Audrianna Morgan, Centennial, 12.17 (2012) B: Delans Griffin, Clinton, 10;74 (2010)
200 Meter Dash	G: Taniyah McMillian, Millwood, 26.54 (2016) B: Jair Thomas, Lawton, 22.21 (2016)	G: Audrianna Morgan, Centennial, 25.42 (2012) B: Delans Griffin, Clinton, 21.94 (2010)
400 Meter Dash	G: Kaley Knox, Bethany, 1:02.13 (2017) B: Riley Taylor, Tuttle, 51.66 (2017)	G: Kaley Knox, Bethany, 59.52 (2014) B: Jywayne Allen, Ardmore, 49.04 (2012)
800 Meter Run	G: Aubrey Schmidt, Washington, 2:31.02 (2017) B: Adran Gibbs, Putnam City North, 2:12.48 (2016)	G: Levan, Casady, 2:21.24 (1991) B: Antonio Humphrey, Douglass, 1:56.89 (2013)
1600 Meter Run	G: Aubrey Schmidt, Washington, 5:40.64 (2017) B: Carson Sandvik, Bethany, 5:01.07 (2017)	G: Emily Helms, Mustang, 5:26.48 (2012) B: Zach Porterfield, Stillwater, 4:31.23 (2014)
3200 Meter Run	G: Madeline Loosen, Kingfisher, 12:36.26 (2017) B: Carson Sandvik, Bethany, 11:02.76 (2016)	G: Emily Helms, Mustang, 11:36.53 (2012) B: Doyle, Watonga, 10:02.14 (2007)
100/110 Meter Hurdles	G: Makenna Parker, Tuttle, 16.53 (2017) B: Chris Cohen, Millwood, 15.35 (2016)	G: Courtney Nelson, PC North, 15.30 (2014) B: West, Chandler, 14.74 (1972)
300 Meter Hurdles	G: Midajah Riles, Lawton, 51.28 (2016) B: Chris Cohen, Millwood, 42.21 (2016)	G: Courtney Nelson, PC North, 45.83 (2013) B: Russell, Jones, 39.44 (1984)
400 Meter Relay	G: Bethany, 51.29 (2017) B: Tuttle, 44.14 (2017)	G: Guthrie, 50.26 (2013) B: Millwood, 42.74 (2007)
800 Meter Relay	G: Tuttle, 1:49.47 (2017) B: Lawton & Tuttle, 1:30.79 (2016, 2017)	G: Millwood, 1:45.74 (1995) B: Guthrie, 1:29.80 (2014)
1600 Meter Relay	G: Lawton, 4:24.38 (2016) B: Tuttle, 3:34.57 (2017)	G: Shawnee, 4:09.55 (2012) B: Enid, 3:25.15 (2013)
3200 Meter Relay	G: Kingfisher, 11:06.00 (2017) B: Tuttle, 8:47.63 (2017)	G: Shawnee, 9:57.22 (2012) B: Chisholm, 8:13.47 (2015)



**BETHANY TWILIGHT
2023 TRACK MEET
INVOICE**



**Bethany Public Schools
Attn. Adam Forester – Track Coach
6721 NW 42nd Street
Bethany, OK, 73008**

**Phone: 405-789-6370
E-Mail: aforester@bethanyschools.com
Web: www.bethanybronchos.com**

Bill To: _____
Attn: _____
Address: _____

Details:

Date	Description	Quantity	Price (Each)	Total Price
3/6/23	HS Track Meet Team Entry Bethany Twilight		\$100.00	
	Individual Entry		\$25.00	
Total Due:				

Please send payment for the above as soon as possible.

**Send Payment to:
Bethany Public Schools
Attn. Adam Forester – Track Coach
6721 NW 42nd Street
Bethany, OK, 73008**

4:15	3200 Meter Run	1 Girls	2 Boys	Starting Line
5:00	400 Meter Relay	3 Girls	4 Boys	
5:10	3200 Meter Relay	5 Girls	6 Boys	Starting Line
5:35	100 Meter Hurdles	7 Girls (33")		
5:45	110 Meter Hurdles	8 Boys (39")		
5:55	800 Meter Relay	9 Girls	10 Boys	
6:15	800 Meter Run	11 Girls	12 Boys	Starting Line
6:30	100 Meter Dash	13 Girls	14 Boys	
6:45	400 Meter Dash	15 Girls	16Boys	
7:05	300 Meter Hurdles	17 Girls (30")	18 Boys (36")	
7:25	200 Meter Dash	19 Girls	20 Boys	
7:40	1600 Meter Run	21 Girls	22 Boys	Starting Line
8:00	1600 Meter Relay	23 Girls	24 Boys	Points