

41ST ANNUAL BETHANY MIDDLE SCHOOL 7TH AND 8TH GRADE INVITATIONAL TRACK MEET 2023

Bethany Schools extends an invitation for your school to participate in our 41ST annual Middle School Boys and Girls Invitational Track and Field Meet. This event will be held on **Thursday, March 23, 2023, starting at 3:00 pm**. The following will give you the information you need concerning this track meet. The track is located at the Bethany Public Schools Athletic Complex just west of NW 50th Street and Council Road in Northwest Oklahoma City.

ONLINE ENTRIES: Schools planning to attend our meet must submit their entries on the ENDURO USA website by completing the steps on the "Entries" window to select a "division" for each student being entered. (This is a "Roster Entries" meet.) The online ENTRY DEADLINE is the day before the meet @ 5:00pm. Log into your account at: www.endurousa.com NO LATE ENTRIES *** Schools who have not entered on-line will not be added at the meet. *** If you have questions about your ENDURO USA account, please message Cara through your ENDURO USA account, or email him at: cara@runenduro.com

Entry Fee: \$75.00 (each boys team) and \$75.00 (each girls team) (\$300.00 total) and \$20.00 per individual (up to 4). Make checks payable to Bethany Public Schools.
Bring Checks or Send to: Bethany Public Schools - Attn. Adam Forester
6721 NW 42nd Street
Bethany, OK, 73008

Field Size: ****The field will be limited to the first 10 schools that contact the meet directors.****

Timing: We will be using the FT-90 Fully Automatic Timing System from FlashTiming.

Trophies: Trophies will be awarded to the 1st place team in each division.

Divisions: 4 Divisions – 8th Boys, 8th Girls, 7th Boys, 7th Girls

Medals: Enduro Custom Medals will be awarded to 1st, 2nd, and 3rd place in all events.

Entrants: Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one team in each relay. Also, there will be **no 300 Meter Hurdles**.

Time Schedule:
2:30 PM Coaches Meeting
3:00 PM Field Events
3:15 PM Running Events (Timed Finals)

Events: Each contestant will receive four (4) throws or jumps only in the field events. We will have medals for the pole vault, but please have a coach with them at all times if you have vaulters.

Hospitality: A Hospitality Room will be provided for coaches in the HS Football Film Room.

Team Points: Points will be awarded to the top 8 (10-8-6-4-2-1) with Relays doubled (20-16-12-8-4-2).

Equipment: Our track is an all-weather track. Please use spikes no longer than 1/4". Starting blocks will be provided.

Entries: Please let us know if you would like to attend this meet. Send an email to Adam Forester at aforester@bethanyschools.com.

For questions or in case of possible inclement weather please contact the meet directors:

Adam Forester, Head Boys and Girls Track Coach
aforester@bethanyschools.com
405-664-6022 (Cell)

Jon Arthur, Athletic Director and Meet Referee
jarthur@bethanyschools.com
405-664-6183 (Cell) 405-499-4608 (Office)



**41ST ANNUAL BETHANY MIDDLE SCHOOL
BRONCHO INVITATIONAL**



SCHEDULE OF EVENTS

2:30 Coaches Meeting (High School Locker-room near Starting Line)

Field Events

3:00	Discus	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	High Jump	8 th Girls	7 th Girls	8 th Boys	7 th Boys
	Long Jump	8 th Boys	7 th Boys	8 th Girls	7 th Girls
	Pole Vault	Boys	Girls		
	Shot Put	7 th Boys	8 th Boys	7 th Girls	8 th Girls

Timed Finals

3:15	100 Meter Hurdles	7 th Girls	8 th Girls		
	110 Meter Hurdles	7 th Boys	8 th Boys		
	400 Meter Relay	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	3200 Meter Relay	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	100 Meter Dash	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	800 Meter Run	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	800 Meter Relay	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	400 Meter Dash	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	200 Meter Dash	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	1600 Meter Run	7 th Girls	8 th Girls	7 th Boys	8 th Boys
	1600 Meter Relay	7 th Girls	8 th Girls	7 th Boys	8 th Boys

Pick up Medals & Plaques from the Pressbox at the Conclusion of the 1600 Meter Relay

Bethany Middle School Invitational Meet Records

Field Events	Girls Records	Boys Records
Shot Put	7G: Tuberville, Choctaw, 33'10" (2005) 8G: Gillespie, Independence, 38'2" (2017))	7B: Brassfield, SW Covenant, 44'1" (2019) 8B: Hill, Tuttle, 49'4" (1985)
Discus	7G: Tuberville, Choctaw, 88'7" (2005) 8G: Julie Treece, Bethany, 98'3" (1985)	7B: Meeson, SW Covenant, 128'8.5" (2019) 8B: Staub, Minco, 157'7" (2000)
Long Jump	7G: Watkins, Elk City, 15'7" (1989) 8G: Seamster, Watonga, 16'10" (2000)	7B: Bryson, Elk City, 19'8" (1989) 8B: Adokiye Iyaye, Piedmont, 20'6.25" (2014)
High Jump	7G: 3 Tied, 5'0" (2003-2006) 8G: 2 Tied, 5'2" (1985-2000)	7B: 2 Tied, 5'6" (1989-1992) 8B: Thomas, Jones, 6'2" (2005)
Running Events	Girls Records	Boys Records
100 Meter Dash	7G: Watkins, Elk City, 13.34 (1989) 8G: Spellman, Luther, 12.44 (2000)	7B: King, Watonga, 12.04 (1997) 8B: Thomas, Jones, 11.54 (2005)
200 Meter Dash	7G: Watkins, Elk City, 27.24 (1989) 8G: Hawkins, Millwood, 26.85 (2000)	7B: King, Watonga, 24.64 (1997) 8B: Smith, Crooked Oak, 24.04 (1987)
400 Meter Dash	7G: Johnston, Bethany, 1:03.24 (2010) 8G: Herring, Mayfield, 1:00.44 (2017)	7B: Martin, Monroney, 56.84 (2010) 8B: Howard Douglas, Taft, 52.33 (2014)
800 Meter Run	7G: Ezell, SW Covenant, 2:31.9 (2017) 8G: Levan, Casady, 2:29.64 (1987)	7B: Gladd, Elk City, 2:17.24 (1997) 8B: Medicine Bear, Watonga, 2:07.24 (1999)
1600 Meter Run	7G: Lettkeman, Watonga, 5:48.64 (1998) 8G: Frezonke, Casady, 5:38.74 (1997)	7B: Blake Cone, Piedmont, 5:19.06 (2014) 8B: Albright, Deer Creek, 4:53.04 (1993)
100/110 Meter Hurdles	7G: 2 Tied, 17.74 (1992-2001) 8G: Coleman, Watonga, 17.04 (2001)	7B: Maloy, Kingfisher, 16.44 (1994) 8B: Barnes, John Marshall, 15.54 (2010)
300 Meter Hurdles	7G: Carpenter, Northeast, 53.04 (2005) 8G: Charity Fair, Monroney, 52.67 (2014)	7B: Smith, Monroney, 47.94 (2005) 8B: Sasha McCoy, Bethany, 44.55 (2013)
400 Meter Relay	7G: Crooked Oak: 53.64 (1987) 8G: Cooper, 52.44 (2017)	7B: Watonga, 48.44 (1997) 8B: Taft, 47.20 (2014)
800 Meter Relay	7G: Deer Creek, 1:58.44 (2015) 8G: Independence, 1:52.44 (2017)	7B: Piedmont, 1:47.44 (2017) 8B: Taft, 1:39.60 (2014)
1600 Meter Relay	7G: Watonga, 4:34.24 (1999) 8G: Millwood, 4:26.54 (1999)	7B: Jones, 4:06.64 (1991) 8B: Weatherford, 3:46.34 (1998)
3200 Meter Relay	7G: Deer Creek, 11:14.82 (2013) 8G: Moore Brinks, 10:59.74 (2005)	7B: Casady, 9:57.24 (1992) 8B: Watonga, 9:14.04 (1999)



**BETHANY MS INVITATIONAL
2023 TRACK MEET
INVOICE**



**Bethany Public Schools
Attn. Adam Forester – Track Coach
6721 NW 42nd Street
Bethany, OK, 73008**

**Phone: 405-789-6370
E-Mail: aforester@bethanyschools.com
Web: www.bethanybronchos.com**

Bill To: _____
Attn: _____
Address: _____

Details:

Date	Description	Quantity	Price (Each)	Total Price
3/24/23	MS Track Meet Team Entry Bethany Invitational		\$75.00	
	Individual Entry		\$20.00	
Total Due:				

Please send a payment for the above as soon as possible.

**Send Payment to:
Bethany Public Schools
Attn. Adam Forester – Track Coach
6721 NW 42nd Street
Bethany, OK, 73008**