

# 11<sup>th</sup> ANNUAL BETHANY MIDDLE SCHOOL 7<sup>th</sup> AND 8<sup>th</sup> GRADE BRONCHO TRACK CLASSIC 2023

The Bethany Track program extends an invitation for your school to participate in our 11<sup>th</sup> Annual Middle School Boys and Girls Track and Field Classic. This event will be held on **Thursday, March 30th, 2023, starting at 3:00 pm.** The following will give you the information you need concerning this track meet. The track is located at the Bethany Public Schools Athletic Complex just west of NW 50<sup>th</sup> Street and Council Road in Northwest Oklahoma City.

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**ONLINE ENTRIES:** Schools planning to attend our meet must submit their entries on the ENDURO USA website by completing the steps on the "Entries" window to select a "division" for each student being entered. (This is a "Roster Entries" meet.) The online ENTRY DEADLINE is the day before the meet @ 5:00pm. Log into your account at: [www.endurousa.com](http://www.endurousa.com) NO LATE ENTRIES \*\*\* Schools who have not entered on-line will not be added at the meet. \*\*\* If you have questions about your ENDURO USA account, please message Cara through your ENDURO USA account, or email her at: [cara@runenduro.com](mailto:cara@runenduro.com)

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**Entry Fee:** \$75.00 (each boys team) and \$75.00 (each girls team) (\$300.00 total) and \$20.00 per individual (up to 4). Make checks payable to Bethany Public Schools.  
Bring Checks or Send to: Bethany Public Schools - Attn. Adam Forester  
6721 NW 42<sup>nd</sup> Street  
Bethany, OK, 73008

**Field Size:** **\*\*The field will be limited to the first 10 schools that contact the meet directors.\*\***

**Timing:** We will be using the FT-90 Fully Automatic Timing System from FlashTiming.

**Trophies:** Trophies will be awarded to the 1<sup>st</sup> place team in each division.

**Divisions:** 4 Divisions – 8th Boys, 8th Girls, 7th Boys, 7th Girls

**Medals:** Enduro Custom Medals will be awarded to 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place in all events.

**Entrants:** Each contestant is limited to four (4) events, including relays. Each school is limited to three (3) entrants in each event and one team in each relay. Also, there will be **no 300 Meter Hurdles.**

**Time Schedule:**  
2:30 PM Coaches Meeting  
3:00 PM Field Events  
3:15 PM Running Events (Timed Finals)

**Events:** Each contestant will receive four (4) throws or jumps only in the field events. We will have medals for the pole vault, but please have a coach with them at all times if you have vaulters.

**Lunch:** Lunch will be provided for coaches.

**Team Points:** Points will be awarded to the top 8 (10-8-6-5-4-3-2-1) with Relays doubled (20-16-12-10-8-6-4-2).

**Equipment:** Our track is an all-weather track. Please use spikes no longer than 1/4". Starting blocks will be provided.

**Heating:** The heating area is located on the benches in the west endzone of the football field.

**For questions or in case of possible inclement weather please contact the meet directors:**

Adam Forester, Head Boys and Girls Track Coach  
[aforester@bethanyschools.com](mailto:aforester@bethanyschools.com)  
405-664-6022 (Cell)

Jon Arthur, Athletic Director and Meet Referee  
[jarthur@bethanyschools.com](mailto:jarthur@bethanyschools.com)  
405-664-6183 (Cell) 405-499-4608 (Office)



# 11<sup>th</sup> ANNUAL BETHANY MIDDLE SCHOOL BRONCHO TRACK CLASSIC



## SCHEDULE OF EVENTS

**2:30** Coaches Meeting (High School Locker-room near Starting Line)

### Field Events

<b>3:00</b>	Discus	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	High Jump	8 <sup>th</sup> Girls	7 <sup>th</sup> Girls	8 <sup>th</sup> Boys	7 <sup>th</sup> Boys
	Long Jump	8 <sup>th</sup> Boys	7 <sup>th</sup> Boys	8 <sup>th</sup> Girls	7 <sup>th</sup> Girls
	Pole Vault	Boys	Girls		
	Shot Put	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls

### Timed Finals

<b>3:15</b>	100 Meter Hurdles	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls		
	110 Meter Hurdles	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys		
	400 Meter Relay	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	3200 Meter Relay	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	100 Meter Dash	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	800 Meter Run	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	800 Meter Relay	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	400 Meter Dash	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	200 Meter Dash	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	1600 Meter Run	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys
	1600 Meter Relay	7 <sup>th</sup> Girls	8 <sup>th</sup> Girls	7 <sup>th</sup> Boys	8 <sup>th</sup> Boys

**Pick up Medals & Plaques from the Pressbox at the Conclusion of the 1600 Meter Relay**



**BETHANY MS TRACK CLASSIC 2023  
TRACK MEET INVOICE**



**Bethany Public Schools**  
**Attn. Adam Forester – Track Coach**  
**6721 NW 42<sup>nd</sup> Street**  
**Bethany, OK, 73008**

**Phone: 405-789-6370**  
**E-Mail: [aforester@bethanyschools.com](mailto:aforester@bethanyschools.com)**  
**Web: [www.bethanybronchos.com](http://www.bethanybronchos.com)**

Bill To: \_\_\_\_\_  
 Attn: \_\_\_\_\_  
 Address: \_\_\_\_\_  
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**Details:**

<b>Date</b>	<b>Description</b>	<b>Quantity</b>	<b>Price (Each)</b>	<b>Total Price</b>
3/30/23	MS Track Meet Team Entry Bethany Track Classic		\$75.00	
	Individual Entry		\$20.00	
<b>Total Due:</b>				

**Please send a payment for the above as soon as possible.**

**Send Payment to:**  
**Bethany Public Schools**  
**Attn. Adam Forester – Track Coach**  
**6721 NW 42<sup>nd</sup> Street**  
**Bethany, OK, 73008**