

SPARTAN TRACK & FIELD INVITATIONAL

Friday April 21st, 2023

On behalf of the Bixby Track and Field Team, we extend to you and your teams an invitation to participate in the Spartan Track & Field Invitational.

Please email to confirm your invitation to Doug Behrens dbehrens@bixbyps.org & Madison Eckert meckert@bixbyps.org & Madison

ATTENTION COACHES: The On-line Entry DEADLINE is: Wednesday, April 19 @ 5pm. (((The meet will be CLOSED at 5pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the "ENTRIES Window" – including the "Verification Step". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - -

Entry Fee: \$100 for each boys and girls team (\$200 for both teams). B & C teams are also welcome. \$50 for each additional team that is entered. **Make checks payable to: Bixby Track.** You may bring the check with you or mail it ahead of time to:

Bixby Track 301 S. Riverview Dr. Bixby. OK 74008

Divisions: There will only be 2 divisions: Boys and Girls

Time: All coaches should report to our new track building by 3:00pm for a coaches meeting. Field events will start at 3:30pm. Running events will begin at 4:00pm.

Bus Parking: Buses should enter from Mingo Road. Drop your athletes off at the designated area. You will be directed to bus parking from there. (See Map) **School releases at 2:51 on Fridays.** Please expect to drop off and park by 2:30 at the latest to avoid traffic congestion.

Spectators: Spectator parking is very limited near the track. More parking is available between the track & football facility. Congestion with end of day release will be done around 3:15 and more parking will become available. Please inform spectators that they will need to enter the facility at the gate between the baseball field and track. **Gate entry is \$5 per student (K-12) & adult.** There are stands for the main track, but personal seating will be needed for Long Jump, Pole Vault & throws.

Concessions & Hospitality: Concessions will be available. Coaches hospitality will be located in the track facility.

Team Camp: Please leave the field & stands clear of camps. Camps can be set up behind the south bleachers between the soccer facility & the softball fields.

Event Entries: Entries will be limited to three individuals and one relay team per team entered. ¼ inch or less spikes permitted. All running events will be timed finals. Timing will be provided by **COLLINSVILLE TIMING SYSTEM**, but event entries will be completed on ENDURO.

Medals & Awards: Medals will be awarded to the top three placers in each event. Team plaques will be awarded to the 1st & 2nd place team in each division (Girls & Boys). Points will be given to 1st through 8th placers.

Starting Height: Starting heights & minimum marks will be discussed at the coaches meeting. Each athlete will be given three throws/jumps in the prelims. The top eight performers will advance to the finals and be given three additional attempts

All OSSAA Rules Apply. The entry deadline for this meet is 5PM Wednesday April 19, 2023.

Contact us with any questions:

Head Boys' Coach Doug Behrens: dbehrens@bixbyps.org or Head Girls' Coach Madison Eckert: meckert@bixbyps.org



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APRIL 21st, 2023

ORDER OF EVENTS

Coaches Meeting: 3:00pm

Meeting will be located in the NEW Bixby Track & Field Facility just North of the track.

Field Events Begin at 3:30pm

High Jump Girls, Boys

Long Jump Boys, Girls

Discus Girls, Boys

Shot Boys, Girls

Pole Vault Girls, Boys

Running Events Begin at 4:00pm

4x100m Relay Girls, Boys

4x800m Relay Girls, Boys

100m Hurdles Girls

110m Hurdles Boys

100m Dash Girls, Boys

3200m Run Girls, Boys

4x200m Relay Girls, Boys

800m Run Girls, Boys

400m Dash Girls, Boys

300m Hurdles Girls, Boys

200m Dash Girls, Boys

1600m Run Girls, Boys

4x400m Relay Girls, Boys - - - - - Gauntlet Style