

# Bridge Creek High School

## 3<sup>rd</sup> Annual HS Track Meet

Tuesday, April 4, 2023



\*\*\*This meet will be limited to 15 teams this year.\*\*\*

If you plan on attending, please respond by email to:

[nabbott@bridgecreek.k12.ok.us](mailto:nabbott@bridgecreek.k12.ok.us) or [jchase@bridgecreek.k12.ok.us](mailto:jchase@bridgecreek.k12.ok.us)

Nick Abbott- 918-724-8133      Jay Chase- 580-513-2107

[www.enduroussa.com](http://www.enduroussa.com)

**Once we have reached the 15 team limit, we will post the meet has been filled.**

**ATTENTION COACHES:** the On-line Entry DEADLINE is: **Monday, April 3<sup>rd</sup> @ 1pm.** (((The meet will be CLOSED at 1pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the “**ENTRIES Window**” – including the “**Verification Step**”. If the “Verification Step” is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: [www.enduroussa.com](http://www.enduroussa.com) - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at:

[cara@runenduro.com](mailto:cara@runenduro.com)

**\*\*\*THIS WILL BE A SEEDED MEET.\*\*\***

**PREVIEW window:** Immediately before departing for our meet, please view our meet’s PREVIEW window for any last-minute information that can affect the meet. To find our meet’s PREVIEW window, login – then click on our meet in the “Student Meets & Events LIST” (on the right).

**Coaches Meeting:** 8:30am in the weight room.    **Field Events:** 9:00am    **Running Events:** 9:30am

**Divisions:** High School Girls, High School Boys

**Entries:** Each contestant is limited to four (4) events, including relays. Each school is limited to five (5) entrants in each event. Each school can have unlimited relay entries, although all “A” relays will run in the same heat. Only three (3) athletes and one (1) relay from a school can score points.

**Awards:** Medals will be awarded to the top three placers.

**Field Events:** Each competitor will have 3 preliminary attempts, the top 8 will qualify for the finals and receive 3 additional attempts.

**Heating:** The heating benches will be on the north end of the field.

**Concessions/Admission:** There will be a full concession available and hospitality room for the coaches. Admission will be charged to all the spectators.

**Parking:** Bus parking will be on the **west side of the field house and northeast of the Middle School.**

To Enter: Please confirm your entry by email.

**Entry Fee:** \$100 per team boys and girls, \$200 for both teams, \$20 for an Individual (5 or less athletes)

Please make checks payable to Bridge Creek Track

Mail to: Nick Abbott

2209 E. Sooner Rd.

Blanchard, OK 73010



## Schedule of Events



Coaches Meeting: 8:30am in the weight room.

Field Events: 9:00am Running Events: 9:30am

### Field Events

9:00 AM

Girls High Jump    Boys Long Jump    Boys Shot Put    Girls Discus    Boys Pole Vault

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### Running Events

9:30 AM

3200m Run - Girls, Boys

4x100 Relay - Girls, Boys

4x800 Relay - Girls, Boys

100m Hurdles 33" – Girls

110m Hurdles 39" - Boys

4x200 Relay - Girls, Boys

800m Run - Girls, Boys

100m Dash - Girls, Boys

400m Dash - Girls, Boys

300m Lows - Girls

300m Intermediate - Boys

200m Dash - Girls, Boys

1600m Run - Girls, Boys

4x400m Relay - Girls, Boys