



## **Beavers Bend Relay**

Broken Bow, Oklahoma

April 20th, 2023

Coaches, we are proud to invite you to our Beavers Bend Relay Invitational High School Track Meet. Coaches Meeting will start at 10:00am. Field events will start at 10:30am. Running events will start at 11:00 am. You must contact one of the coaches below to inform us of your attendance.

- There will be two divisions- girls and boys
- ¼ inch spikes or shorter only- starter blocks will be provided
- 4 throws & 4 jumps in field events
- Awards: medals for 1st, 2nd, and 3rd
- Heating will be at the bleachers
- Camping is East and North around the track
- South side of the track is for adults only (**NO CAMPING**)
- Concession: Available
- Admission: Adults \$3.00 & Students \$2.00
- Entry Fee: \$80 per team or \$160 for both teams  
\$10 per individual (more than 4 is a team)
- Checks should be made out to Broken Bow Track

Mail to: Duce Lee

108 W. 5th St

Broken Bow, OK 74728

If you plan on attending, need further information, or in case of inclement weather: Please contact one of these coaches:

**Coach Duce Lee (580) 579-3606**

**Coach Lynn Minor (580) 236-1768**



## ORDER OF EVENTS

10:00am Coaches Meeting (East side of Concession Stand)

10:30am Field Events:

Shot	Girls/ Boys
Discus	Boys/ Girls
Long Jump	Girls/ Boys
High Jump	Boys/ Girls
Pole Vault	Boys/ Girls

### Running Events:

10:00am 4 X 800 Relay Girls/ Boys

11:00am 4 X 100 Relay Girls/ Boys  
800m Run Girls/ Boys  
100 m Hurdles Girls  
110m Hurdles Boys  
100m Dash Girls/ Boys  
400m Dash Girls/ Boys

3200m Run Girls/ Boys

4 X 200 Relay Girls/ Boys  
300m Hurdles Girls/ Boys  
200m Dash Girls/ Boys  
1600m Run Girls/ Boys  
4 X 400 Relay Girls/ Boys