

Canadian Valley Conference

High School Track Meet

Date: Tuesday, April 18th, 2023

Place: Pauls Valley- Wacker Park

Time: Coaches Meeting 4:00 p.m. -- All events 4:30 p.m.

Awards: Medals to top 5 places, top 3 in relays

Cost: Paid for by the conference

Teams may run more than three individuals but only three from each school can medal.

ATTENTION COACHES: the On-line Entry DEADLINE is: **Monday, April 17th @ 1pm.**

((The meet will be CLOSED at 1pm!)) No late entries accepted. - - - Schools planning to attend must submit their entries on the **ENDURO USA™** website by completing ALL the necessary steps on the “ENTRIES Window” – including the “**Verification Step**”. If the “Verification Step” is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: www.endurousa.com - - - If you need assistance with your ENDURO USA™ account, contact Cara at: cara@runenduro.com

Field Events

Long Jump: Boys, Girls

High Jump: Girls, Boys

Shot: Boys, Girls

Disc: Girls, Boys

Pole Vault: Girls, Boys

Running Events, Timed Finals

Order (Girls, Boys)

400m Relay

3200m Relay

100m Hurdles

110m Hurdles

3200m Run (Boys)

800m Relay

800m Run

100m Dash

3200m Run (Girls)

400m Dash

300m Hurdles

200m Dash

1600m Run

1600m Relay

Field Events

Long Jump- Bridge Creek

High Jump- Washington

Shot- Lexington

Disc- Marlow

Pole Vault- Purcell

Heating Benches- Lindsay/ Davis

*Please bring workers
to help you run off your
event. We will not
have extra workers. *

*There must be a coach present at your field event
at all times. Do not let kids run your event off. *