

Steve Hickman Invitational Track Meet
Cherokee High School
Classes 4A-A

Divisions: HS Girls
HS Boys

Date/Time: April 22nd, 2023
10:00 am Coaches Meeting
10:30 am Field Events
12:00 pm Running Events

Facilities: Track is a Full Pour Polyurethane System, BSS 1000 from Beynon Sports. Four runways to accommodate N, S, E, or W wing in LJ & PV. NW & SE discus cages, Two Shot Put rings with landing area. Large HJ apron.

Timing: FAT, FinishLynx Timing System

Entry: \$90 for each division. \$180 for boys & girls teams.
\$18 for individuals (4 or less).
B teams allowed to compete for free, however, additional entry is required to medal and score.

Attention Coaches: All team entries must be completed online: www.enduroussa.com
Roster Entries only. (Seed times not needed.) Races will be heated at the meet.

Online entries due April 21st at 6:00 pm

Entry Confirmation:

Please contact George Weve, weveg@cherokee.k12.ok.us cell (580) 596-6007 or
Bryce Schanbacher, schanbacherb@cherokee.k12.ok.us cell at (580) 351-8578 for confirmation.

We will contact all confirmations in the event of inclement weather.

No set team limit, however, please confirm early to insure your teams spot. We may close off entries if there are a large number of entries. Your confirmation will insure your spot.

Mail Checks to: Cherokee Public Schools
Attn: Track Entry
PO Box 325
Cherokee, Ok 73728

Awards: Medals will be given to top 6 places in individual events and top 6 in relay events.
Team awards for Champion and Runner-up.

Hospitality: Provided throughout the meet for all coaches in the Fieldhouse.

OSSAA RULES AND SCORING APPLY.
SHORT SPIKES ONLY: 1/8" & 1/4" PYRAMID SPIKES ONLY.
NO CHRISTMAS TREE OR NEEDLE SPIKES ALLOWED.

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Schedule of Events

10:00 am Coaches Meeting in the Fieldhouse

10:30 am Field Events

Long Jump:	Boys, Girls
High Jump:	Girls, Boys
Pole Vault:	Girls, Boys
Shot Put:	Boys, Girls
Discus:	Girls, Boys

12:00 pm Running Events

400 Meter Relay	Girls, Boys
3200 Meter Relay	Girls, Boys
100 H. Hurdles	Girls
110 H. Hurdles	Boys
100 Meters	Girls, Boys
3200 Meters	Boys
800 Meter Relay	Girls, Boys (Final)
3200 Meters	Girls
200 Meters	Girls, Boys

- 45 Minute Break -

400 Meter Relay	Girls, Boys
800 Meters	Girls, Boys
100 H. Hurdles	Girls
110 H. Hurdles	Boys
100 Meters	Girls, Boys
400 Meters	Girls, Boys
300 Meter Hurdles	Girls, Boys
200 Meters	Girls, Boys
1600 Meters	Girls, Boys
1600 Meter Relay	Girls, Boys