

**CLAREMORE HIGH SCHOOL
ZEBRA INVITATIONAL
TRACK MEET
Friday, April 14th 2023**

MEET SCHEDULE

FIELD EVENTS – 10:00 A.M.

High Jump	Boys, Girls
Long Jump	Girls, Boys
Shot Put	Boys, Girls
Discus	Girls, Boys
Pole Vault	Boys, Girls

TIMED FINALS MEET – 10:30 A.M.

400 Meter Relay	Girls, Boys
3200 Meter Relay	Girls, Boys
100 Meter Hurdles	Girls (33")
110 Meter Hurdles	Boys (39")
3200 Meter Run	Girls, Boys
800 Meter Relay	Girls, Boys
800 Meter Run	Girls, Boys
100 Meter Dash	Girls, Boys
400 Meter Dash	Girls, Boys
300 Meter Hurdles	Girls (30")
300 Meter Hurdles	Boys (36")
200 Meter Dash	Girls, Boys
1600 Meter Run	Girls, Boys
1600 Meter Relay	Girls, Boys

LOCATION:

**ANDY PAYNE TRACK COMPLEX
CLAREMORE HIGH SCHOOL
201 E. Stuart Roosa, CLAREMORE OK 74017**

BEHIND HIGH SCHOOL CAMPUS / WEST SIDE OF BUILDING
CONCESSION STAND WILL BE AVAILABLE
NO GLASS CONTAINERS PLEASE
E MAIL -ewiens@claremore.k12.ok.us

**CLAREMORE ZEBRA INVITATIONAL
TRACK AND FIELD MEET
Friday, April 14th 2018**

On behalf of the Claremore School System, we extend to you and your teams an invitation to participate in our high school boys and girls track and field meet at our eight lane all-weather track located at Claremore High School Complex on North Florence.

Time: Teams should report to the Claremore High School Track Complex (use parking lot on north of the track complex. Busses park on the west side of the lot) coaches meeting at 9:45 a.m. field events at 10:00 a.m. running events beginning at 10:30 a.m.

Entry Fee: \$110.00 for each boys and girls team. B teams can enter with a fee of \$80 each boys and girls team. \$15.00 per individual if less than four (4) members in a team. Make check payable to Claremore High School.

ATTENTION COACHES: the On-line Entry DEADLINE is: **Thursday, April 13th @ 1pm.** (((The meet will be CLOSED at 1pm!))) No late entries accepted. - - - Schools planning to attend must submit their entries on the **ENDURO USA™** website by completing ALL the necessary steps on the "**ENTRIES Window**" – including the "**Verification Step**". If the "Verification Step" is not completed, your students are not entered in the meet. If your team/school does not complete all the necessary steps, your school/team can NOT be entered manually by our timing crew at the meet. - - - NO exceptions. - - - Please log into your ENDURO USA™ account at: www.endurousa.com - - - If you need assistance with your ENDURO USA™ account, contact Cara Branson at: cara@runenduro.com

Divisions: There will be one division for boys and one division for girls.

Limitations: Each contestant is limited to four (4) events, including relays. Each school is limited to (3) entrants in each event and one (1) team in each relay. The shot, discus and long jump will consist of three throws and top 8 in finals.

Awards: Trophies will be awarded to 1st place teams. Individual medals will be given to the top three (3) contestants in each event.

Team Points: The following will be awarded to 1st through 8th (10-8-6-5-4-3-2-1) in individual events and (20-16-12-10-8-6-4-2) in relays.

Equipment: Claremore will furnish all starting blocks to contestants, ¼ or shorter spikes are required.

OKLAHOMA SECONDARY SCHOOLS ASSOCIATION RULES APPLY

Mail to: Athletic Dept. Claremore High School 918-923-4211
201 E. Stuart Roosa Claremore, OK 74017
Any questions contact: Eric Wiens ewiens@claremore.k12.ok.us

Please check team(s) entered: Boys _____ Girls _____
School _____
Coach _____
Phone _____