

2023 Commerce 7-8 Tiger Classic

- DATE/LOCATION:** Tuesday, March 28, 2023 @ Commerce Football Stadium
- TIME:** Coaches Meeting @ 3:30 P.M. Events start after meeting
- ELIGIBILITY:** OSSAA Rules Will Apply. **3A & Down (ADM 255 or less for out of state schools)**
- ENTRY FEE:** **\$75 Boys Team; \$75 Girls Team; \$15 per individual (5 or less)**
- ENTRIES:** Each school will be allowed three (3) entries in each individual event and one (1) team per relay event. Each athlete may enter four (4) events.
- TRACK:** SYNTHETIC RUBBER TRACK (*New Surface*). **PLEASE DO NOT USE TAPE ON TRACK.**
- HEATING:** Southeast end of track.
- EQUIPMENT:** Please no spikes longer than ¼+. Starting blocks will be provided.
- SCHEDULE:** Attached (Next Page). All events are timed finals.
- AWARDS:** Medals will be awarded to the first 3 places in each event.
- SCORING:** Team scoring is 10-8-6-4-2-1 and relays 20-16-14-12-10-8-4-2.
- CONCESSION:** There will be a concession area near the North end of the track.
- INCLEMENT WEATHER:** If weather is questionable, you may want to call to get verification before you depart. Please call (918) 675-4343 or one of our cell phones.
- REQUESTS:** No camps, tents, or warming up with shots/discus on the football field. There is plenty of room along the perimeter of the field for meeting places or tents,
- Please email (rbarker@commercetigers.net) if you plan on attending.**
If you have any questions, please call or email:

Logan Cawyer	lcawyer@commercetigers.net	(918) 533-1650	HS Boys
Bruce Rhodes	brhodes@commercetigers.net	(918) 533-1261	HS Girls
Matt Poteet	mpoteet@commercetigers.net	(918) 325-1596	7-8 Boys
Jerry Myers	jmyers@commercetigers.net	(918) 961-1292	7-8 Girls
Rusty Barker	rbarker@commercetigers.net	(918) 541-0932	AD
Brooke Jackson	bjackson@commercetigers.net	(580) 763-7373	Asst. AD

7-8 ORDER OF EVENTS

Field Events–3:40 PM

High Jump:	Girls, Boys
Long Jump:	Boys, Girls
Discus:	Girls, Boys
Shot Put:	Boys, Girls
Pole Vault:	Boys, Girls

Timed Finals Meet–3:40 PM (FAT Timing)

400 (4 x 100) Meter Relay	Girls, Boys
800 M Run	Girls, Boys
100 Meter Hurdles. 30+(girls)	Girls
110 Meter Hurdles. 33+(boys)	Boys
3200 (4 x 800) Meter Relay	Girls, Boys
800 (4 x 200) Meter Relay	Girls, Boys
100 Meter Dash	Girls, Boys
400 Meter Dash	Girls, Boys
300 Meter Hurdles 30+(Girls)	Girls, Boys
300 Meter Hurdles 30+(Boys)	Girls, Boys
200 Meter Dash	Girls, Boys
1600 Meter Run	Girls, Boys
1600 (4 x 400) Relay	Girls, Boys