



**Durant Lion Invitational**  
Tuesday, April 18, 2023

**ONLINE ENTRIES:** Schools planning to attend our meet must submit their entries on the **ENDURO USA** website by completing the steps on the **Entries** window to select a **Division** for each student being entered. (This is a **Roster Entries** meet.) The online **ENTRY DEADLINE** is the day before the meet @ 6:00 pm. Log into your account at [www.endurousa.com](http://www.endurousa.com) **NO LATE ENTRIES!** If you have questions about your ENDURO USA account, please message Cara through your EDURO USA account, or email him at: [cara@runenduro.com](mailto:cara@runenduro.com)

**Coaches Meeting:** 2:30pm in the indoor. (Large white metal building east of the high school.)

**Field Events:** 3pm

**Running Events:** 3:30

**Divisions:** High School Boys and Girls

**Awards:** Medals will be awarded to the first three (**3**) places in each individual event and to the first three (**3**) places in each relay event.

**Field Events:** Each competitor will have four attempts.

**Check-in/Heating:** **East side of track under pavilion.**

**Concession:** The concession stand will be located at the northeast corner of the indoor facility.

**Admission** will be charged for spectators and is located at the black gate to the west of the track.

**Parking:** Bus drop off and parking will be east of indoor.

**Team Camps:** **ALL** team camps will be on the west side of the practice football field. Warmup is designated on the east side of the practice football field.

**Entry Fee:** \$100 per Division, \$15 individual (less than 5 athletes)

**Make checks payable to:** Durant High School Track

**Mail to:** Durant High School Track

Attn: [Tony Tubbs](mailto:Tony.Tubbs@durantisd.org)

950 Gerlach Dr. Durant, OK 74701

For additional information: Aaron George (580)564-6835

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## ORDER OF EVENTS

### FIELD EVENTS—3:00 START TIME

SHOT PUT BOYS / GIRLS  
DISCUS GIRLS / BOYS  
LONG JUMP GIRLS / BOYS  
HIGH JUMP BOYS / GIRLS  
POLE VAULT BOYS / GIRLS

### RUNNING EVENTS—3:30 pm START TIME

4 X 100 RELAY  
4 X 800 RELAY  
100 HURDLES (GIRLS 33+)  
110 HURDLES (BOYS 39+)  
3200 Run  
4 X 200 RELAY  
800 RUN  
100 DASH  
400 DASH  
300 HURDLES (GIRLS 30+)  
300 HURDLES (BOYS 36+)  
200 DASH  
1600 RUN  
4 X 400 RELAY

