

# Elk City Middle School Track Meet

## Tuesday, April 11th 2023

Dear Track Coaches:

Elk City would like to extend an invitation to the first **12 teams** that confirm, to attend our track meet on Tuesday, April 11th. This meet will be a **timed finals** meet.

**Divisions:** 7<sup>th</sup> Grade Girls --- 7<sup>th</sup> Grade Boys  
8th Grade Girls --- 8th Grade Boys

**Entry Confirmation:** Please contact Andy Peffer ( [peffer.andy@elkcitieschools.com](mailto:peffer.andy@elkcitieschools.com) ) or by cell at 580-799-2594 as soon as possible. (Text is fine.) There is a set team limit. So, please confirm early to ensure your team's spot. --- Note: all entries are online at: [www.endurousa.com](http://www.endurousa.com)

Our on-line Entry DEADLINE is **Monday, April 10th @ 6pm.** (The meet will be CLOSED at 6pm!)

**No late entries accepted.** - Schools planning to attend must submit their entries on the ENDURO USA™ website by completing ALL the necessary steps on the meet's "**ENTRIES Window**" – including the "**VERIFICATION**" step. If your team/school does not complete all the necessary steps - - - including the "VERIFICATION" step, your school/team can NOT be entered manually by our timing crew at the meet. - **NO exceptions this year.** If you need assistance with your ENDURO USA™ account, please contact Kevin McWatters at: [kevin@runenduro.com](mailto:kevin@runenduro.com)

**PREVIEW window:** Immediately before you depart for our meet, please view our meet's PREVIEW window for last-minute information that can affect the meet. To find our meet's PREVIEW window, login – then click on our meet in the "Student Meets & Events LIST" (on the right side of the window).

**Participation:** 3 participants in each event per team. Each contestant may enter no more than 4 events. ¼ " pyramid spikes only

**Time:** Coaches Meeting will be at 9:00 a.m. in the North Field house with field events starting at 9:30 a.m. and running events at 10:00 a.m.

**Entry Fee:** The entry fee is \$75 per division or \$300 for all 4 divisions. Make checks payable to Elk City High School and mail ahead of time or bring with you to the meet.

**Hospitality:** Coaches will be given an all you can eat meal ticket to our concession stand.

**Awards:** We will award medals to the top 5 placers in individual events and top 3 teams in relays. No team trophies.

**OSSAA Rules will apply.**

For additional information and to secure your entry text/email:

Andy Peffer 580-799-2594

[Peffer.andy@elkcitieschools.com](mailto:Peffer.andy@elkcitieschools.com)

## Schedule of Events

### Timed Finals: Running 10:00 a.m.

400 Meter Relay	7G/8G/7B/8B
3200 Meter Relay	7G/8G/7B/8B
100 Meter Hurdles	7G/8G (30'')
110 Meter Hurdles	7B (30'') 8B (33'')
800 Meter Relay	7G/8G/7B/8B
800 Meter Run	7G/8G/7B/8B
100 Meter Dash	7G/8G/7B/8B
3200 Meter Run	8G/8B
400 Meter Dash	7G/8/7B/8
300 Meter Hurdles	7G/8G/7B/8B
200 Meter Dash	7G/8G/7B/8B
1600 Meter Run	7G/8G/7B/8B
1600 Meter Relay	7G/8G/7B/8B

### Field Events:

### 9:30 Start

High Jump	7B/8B/7G/8G
Long Jump	7G/8G/7B/8B
Shot Put	7B/8B/7G/8G
Discus	7G/8G/7B/8B
Pole Vault	All Boys/All Girls (Points will be separated)

Elk City Junior High Track Meet

Entry Fee:           7<sup>th</sup> Girls       \$75.00 \_\_\_\_\_  
                          7<sup>th</sup> Boys       \$75.00 \_\_\_\_\_  
                          JH Girls       \$75.00 \_\_\_\_\_  
                          JH Boys       \$75.00 \_\_\_\_\_

Individuals \$15 (less than 4) \_\_\_\_\_

Please mail checks to:

*Elk City High School  
Attn: Elk City High School  
300 N Boone Ave  
Elk City, Okla. 73644*